



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer Executive Director
Marlene James Resident Services Director
Tamika Williams Business Director
Kate Krauss Marketing Director
Lionel McDonald Dietary Director
Sadie Keel Wellness Director
Jason Petrillo Maintenance Director
Monique Blue Quiet Waters Coordinator
Bailey Falk Activities Coordinator



Happy Birthday

Mary Chapman 8/9
Margaret Jett 8/10
Mary Smith 8/14
Margaret Stone 8/31

Be Like a Bee

It's important to drink enough water to stay hydrated in the summer heat. To help increase your intake, add flavor and sweetness to your water with a teaspoon of honey.

August 2019

Our Resident and Employee of the Month







Resident of the Month

Janet Fohs is our Resident of the Month for August. She was born and raised in Baltimore, MD. She was a nun for 20 years. While she was a nun she taught second and third grade in North Carolina. She continued to teach as a lay person. Janet got married on her birthday and has been married for 33 years! Janet and her husband have traveled all over the United States. She particularly enjoyed one bus trip to the national parks out west. Congratulations, Janet!! We are happy you are here!

Employee of the Month

Bailey Falk is awarded Employee of the Month for August! Bailey was born and raised in Davidsonville, Maryland. She lives with her parents and her younger sister. Bailey likes to read and tutor math students. Some people might be surprised to know that Bailey was hit by a bus last summer. She would really like to travel to Greece. Previously Bailey was an eighth grade math teacher in Philadelphia, PA. Congratulations, Bailey!! Thank you for all you do!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Friendship and Sisters Day 4</p> <p>9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★</p>	 <p>Exercise With Your Child Day 5</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Unscrambler/Word in a Word 11:00 DR Step On It 1:30 AR Name That Person 2:00 AR BINGO 3:00 AR Balloon Volleyball</p>	 <p>International Forgiveness Day 6</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Visual Verbal Puzzles 11:00 FR Number Fun 1:30 AR Manicures 2:00 FR Fairytale show 3:00 N1 Wii Bowling</p>	 <p>Particularly Preposterous Packaging Day 7</p> <p>9:30 FR Stretches 10:00 FR Virtual Vacation 10:30 FR Mad Libs 11:00 DR Step On It 1:30 DR Ice Cream Social 2:00 AR Bingo 3:00 AR Hangman</p>	<p>Universal Birthday for Shelter Dogs 1</p> <p>9:30 FR Stretches 9:30 Target\$ 11:00 DR Step On It 1:30 B Yahtzee 2:00 B Card games with Bailey 3:00 FR Ring Toss</p>	<p>Dinosaurs Day 2</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FIELD DAY!! 11:00 FR Communion with Father Eric 2:00 FR Happy Hour with Greg🎵</p>	<p>National Watermelon Day 3</p> <p>9:00 FR Family Visits 10:00 FR Dog visits 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games</p>
<p>Daughters' Day 11</p> <p>9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★</p>	<p>Vinyl Record Day 12</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Unscrambler/Word in a word 11:00 DR Step On It 1:30 AR Name That Person 2:00 AR BINGO 3:00 AR Balloon Volleyball</p>	<p>International Left-handers' Day 13</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Jumbled Words 11:00 FR Finish the Phrase 1:30 AR Craft 1:30 AR Manicures 2:00 FR Catholic Rosary with Wally★ 2:30 AR Science Experiment 3:00 N1 Wii Bowling</p>	<p>Anniversary of V-J Day 14</p> <p>9:30 FR Stretches 10:00 FR Virtual Vacation 10:30 FR Mad Libs 11:00 DR Step On It 1:30 DR Popsicles 2:00 AR BINGO 3:00 AR Hangman 7:00 Alzheimer's Association Support Group</p>	<p>National Relaxation Day 15</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Jeopardy 11:00 DR Step On It 1:30 B Yahtzee 2:00 B Card games with Bailey 3:00 FR Ring Toss</p>	<p>National Roller Coaster Day 16</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Music by Bob🎵 1:30 FR You Be The Judge 2:00 FR Happy Hour with Greg🎵</p>	<p>National Hippie Day 17</p> <p>9:00 FR Family Visits 10:00 FR Dog visits 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games</p>
<p>National Ice Cream Pie Day 18</p> <p>9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★</p>	<p>World Orangutan Day 19</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Unscrambler/Word in a Word 11:00 Men's Outing\$ 11:00 DR Step On It 1:30 AR Name That Person 2:00 AR BINGO 3:00 AR Balloon Volleyball</p>	<p>Lemonade's Birthday 20</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Visual Verbal Puzzles 11:00 FR Number Fun 1:30 AR Craft 1:30 AR Manicures 2:30 AR Science Experiment 3:00 N1 Wii Bowling</p>	<p>Poets' Day 21</p> <p>9:30 FR Stretches 10:00 FR Virtual Vacation 10:30 FR Mad Libs 11:00 DR Step On It 1:30 DR Ice Cream Social 2:00 AR Bingo 3:00 AR Hangman</p>	<p>National Spumoni Day 22</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Jeopardy 11:00 DR Step On It 1:30 B Yahtzee 2:00 B Card games with Bailey 3:00 FR Ring Toss</p>	<p>National Plumbers' Day 23</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Corn Hole 11:00 DR Step On It 1:30 FR You Be The Judge 2:00 FR Happy Hour with Christine🎵</p>	<p>National Peach Pie Day 24</p> <p>9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games</p>
<p>Anniversary of the National Park Service 25</p> <p>9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★</p>	<p>Women's Equality Day 26</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Unscrambler/Word in a Word 11:00 DR Step On It 1:30 AR Name That Person 2:00 AR BINGO 3:00 AR Balloon Volleyball</p>	<p>Banana Lovers' Day 27</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Don and Vic🎵 1:30 AR Craft 1:30 AR Manicures 2:30 FR Wellness seminar 3:00 N1 Wii Bowling</p>	<p>Tomato Festival (Spain) 28</p> <p>9:30 FR Stretches 10:00 FR Virtual Vacation 10:30 FR Mad Libs 11:00 DR Step On It 1:30 DR Popsicles 2:00 AR BINGO 3:00 AR Bingo Store</p>	<p>Chop Suey Day 29</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Jeopardy 11:00 Lunch Outing\$ 11:00 DR Step On It 1:30 B Yahtzee 2:00 B Card games with Bailey 3:00 FR Ring Toss</p>	<p>Toasted Marshmallow Day 30</p> <p>9:30 FR Stretches 10:00 FR Today in History 10:30 FR Corn Hole 11:00 DR Step On It 1:30 FR You Be The Judge 2:00 FR Happy Hour with Moxie🎵</p>	<p>Eat Outside Day 31</p> <p>9:00 FR Family Visits 10:00 FR Dog visits 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games</p>



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