



# REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

## Our Friendly Staff

Nisha Switzer ..... Executive Director  
Marlene James ..... Resident Services Director  
Tamika Williams ..... Business Director  
Kate Krauss ..... Marketing Director  
Lionel McDonald ..... Dietary Director  
Sadie Keel ..... Wellness Director  
Jason Petrillo ..... Maintenance Director  
Monique Blue ..... Quiet Waters Coordinator  
Bailey Falk ..... Activities Coordinator



# Happy Birthday

Betty Galvin 7/3  
Maria Friemayer 7/8  
Janet Fohs 7/25  
Mickey Koch 7/30

## SAVE THE DATE

4th of July Fireworks at dusk!!  
Join us for Patriotic Music, Ice Cream  
and Fireworks!

## July 2019

## Our Resident and Employee of the Month





### Resident of the Month

Joyce Pownell is our resident of the month for July. She was born and raised in Morgantown, West Virginia with one brother and one sister. Joyce graduated from West Virginia University with a degree in business administration. Joyce married her husband Jack and they had two children. Joyce loves mountains and would like to see the Swiss Alps. Joyce's favorite place to visit is the cabin her husband built in the mountains of West Virginia. Congratulations Joyce!! We're happy you are here!

### Employee of the Month

Makeya Haskins is awarded Employee of the Month for July! Makeya was born in Annapolis, MD and grew up in Severn with six sisters and four brothers. She has one daughter who she likes to go shopping with in her spare time. Makeya also likes to braid hair. Her favorite movie is Poetic Justice. Makeya's favorite place to visit is Disney World, but she also wants to travel the world. Congratulations Makeya!! Thank you for all you do!



| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|--|--|---|--|--|---|--|
|    | <b>National Gingersnap Day</b> 1<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Unscrambler/Word in a word<br>11:00 <b>DR</b> Step On It<br>1:30 <b>AR</b> Name That Person<br>2:00 <b>AR</b> BINGO<br>3:00 <b>AR</b> Balloon Volleyball | <b>Halfway Point of 2019</b> 2<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Jumbled Words<br>11:00 <b>FR</b> Finish the Phrase<br>1:30 <b>AR</b> Craft<br>1:30 <b>AR</b> Manicures<br>2:30 <b>AR</b> Science Experiment<br>3:00 <b>N1</b> Wii Bowling             | <b>Compliment Your Mirror Day</b> 3<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Virtual Vacation<br>10:30 <b>FR</b> Mad Libs<br>11:00 <b>DR</b> Step On It<br>1:30 <b>FP</b> Popsicles<br>2:00 <b>AR</b> BINGO<br>3:00 <b>AR</b> Hangman  | <b>Independence Day</b> 4<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Jeopardy<br>11:00 <b>DR</b> Step On It<br>1:30 <b>B</b> Yahtzee<br>2:00 <b>B</b> Card games with Bailey<br>3:00 <b>FR</b> Ring Toss   | <b>National Apple Turnover Day</b> 5<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Corn Hole<br>11:00 <b>DR</b> Step On It<br>1:30 <b>FR</b> You Be The Judge<br>2:00 <b>FR</b> Happy Hour with Moxie 🎵  | <b>Cherry Pit-Spitting Championship</b> 6<br>9:00 <b>FR</b> Family Visits<br>10:00 <b>FR</b> Dog visits<br>10:00 <b>FR</b> Fireplace Chats<br>11:00 <b>FR</b> Reminisce<br>1:00 <b>AR</b> Board Games  |
|  | <b>Build a Scarecrow Day</b> 7<br>9:00 <b>FR</b> Family Visits<br>10:00 <b>FR</b> Fireplace Chats<br>11:00 <b>FR</b> Our Lady of the Fields ★<br>1:00 <b>FR</b> Anchor Baptist ★   | <b>National Blueberry Day</b> 8<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Unscrambler/Word in a Word<br>11:00 <b>DR</b> Step On It<br>1:30 <b>AR</b> Name That Person<br>2:00 <b>AR</b> BINGO<br>3:00 <b>AR</b> Balloon Volleyball                             | <b>National Sugar Cookie Day</b> 9<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Visual Verbal Puzzles<br>10:45 <b>FR</b> Tiffany's Musical Adventure 🎵<br>1:30 <b>AR</b> Craft<br>1:30 <b>AR</b> Manicures<br>2:00 <b>FR</b> Catholic Rosary with Wally ★<br>2:30 <b>AR</b> Science Experiment<br>3:00 <b>N1</b> Wii Bowling | <b>Don't Step on a Bee Day</b> 10<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Virtual Vacation<br>10:30 <b>FR</b> Mad Libs<br>11:00 <b>DR</b> Step On It<br>1:30 <b>DR</b> Ice Cream Social<br>2:00 <b>AR</b> Bingo<br>3:00 <b>AR</b> Hangman<br>7:00 Alzheimer's Association Support Group | <b>All American Pet Photo Day</b> 11<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Jeopardy<br>10:30 <b>N3</b> Resident Council Meeting<br>11:00 <b>DR</b> Step On It<br>1:30 <b>B</b> Yahtzee<br>2:00 <b>B</b> Card games with Bailey<br>3:00 <b>FR</b> Ring Toss | <b>Different Colored Eyes Day</b> 12<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Corn Hole<br>11:00 <b>DR</b> Step On It<br>1:30 <b>FR</b> You Be The Judge<br>2:00 <b>FR</b> Happy Hour with Christine 🎵               |
|  | <b>Bastille Day</b> 14<br>9:00 <b>FR</b> Family Visits<br>10:00 <b>FR</b> Fireplace Chats<br>11:00 <b>FR</b> Our Lady of the Fields ★<br>1:00 <b>FR</b> Anchor Baptist ★   | <b>I Love Horses Day</b> 15<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Unscrambler/Word in a Word<br><b>11:00 Men's Outing \$</b><br>11:00 <b>DR</b> Step On It<br>1:30 <b>AR</b> Name That Person<br>2:00 <b>AR</b> BINGO<br>3:00 <b>AR</b> Balloon Volleyball | <b>World Snake Day</b> 16<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Jumbled Words<br>11:00 <b>FR</b> Finish the Phrase<br>1:30 <b>AR</b> Craft<br>1:30 <b>AR</b> Manicures<br>2:30 <b>AR</b> Science Experiment<br>3:00 <b>N1</b> Wii Bowling   | <b>National Peach Ice Cream Day</b> 17<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Virtual Vacation<br>10:30 <b>FR</b> Mad Libs<br>11:00 <b>DR</b> Step On It<br>1:30 <b>FP</b> Popsicles<br>2:00 <b>AR</b> BINGO<br>3:00 <b>AR</b> Hangman   | <b>National Caviar Day</b> 18<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Jeopardy<br>11:00 <b>DR</b> Step On It<br>1:30 <b>B</b> Yahtzee<br>2:00 <b>B</b> Card games with Bailey<br>3:00 <b>FR</b> Ring Toss  | <b>National Daiquiri Day</b> 19<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Corn Hole<br>10:30 <b>FR</b> Music by Bob 🎵<br>11:00 <b>DR</b> Step On It<br>1:30 <b>FR</b> You Be The Judge<br>2:00 <b>FR</b> Happy Hour 🎵 |
| <b>National Ice Cream Day</b> 21<br>9:00 <b>FR</b> Family Visits<br>10:00 <b>FR</b> Fireplace Chats<br>11:00 <b>FR</b> Our Lady of the Fields ★<br>1:00 <b>FR</b> Anchor Baptist ★ | <b>Hammock Day</b> 22<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Unscrambler/Word in a word<br>11:00 <b>DR</b> Step On It<br>1:30 <b>AR</b> Name That Person<br>2:00 <b>AR</b> BINGO<br>3:00 <b>AR</b> Balloon Volleyball            | <b>Gorgeous Grandma Day</b> 23<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Visual Verbal Puzzles<br>11:00 <b>FR</b> Number Fun<br>1:30 <b>AR</b> Craft<br>1:30 <b>AR</b> Manicures<br>2:30 <b>FR</b> Wellness Seminar<br>3:00 <b>N1</b> Wii Bowling              | <b>Cousins Day</b> 24<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Virtual Vacation<br>10:30 <b>FR</b> Mad Libs<br>11:00 <b>DR</b> Step On It<br>1:30 <b>DR</b> Ice Cream Social<br>2:00 <b>AR</b> Bingo<br>3:00 <b>AR</b> Hangman   | <b>Act Like A Caveman Day</b> 25<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Jeopardy<br><b>11:00 Lunch Outing \$</b><br>11:00 <b>DR</b> Step On It<br>1:30 <b>B</b> Yahtzee<br>2:00 <b>B</b> Card games with Bailey<br>3:00 <b>FR</b> Ring Toss        | <b>National Salad Day</b> 26<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Corn Hole<br>11:00 <b>DR</b> Step On It<br>1:30 <b>FR</b> You Be The Judge<br>2:00 <b>FR</b> Happy Hour with Christine 🎵  | <b>Bugs Bunny's Birthday</b> 27<br>9:00 <b>FR</b> Family Visits<br>10:00 <b>FR</b> Fireplace Chats<br>11:00 <b>FR</b> Reminisce<br>1:00 <b>AR</b> Board Games  |
| <b>Auntie's Day</b> 28<br>9:00 <b>FR</b> Family Visits<br>10:00 <b>FR</b> Fireplace Chats<br>11:00 <b>FR</b> Our Lady of the Fields ★<br>1:00 <b>FR</b> Anchor Baptist ★           | <b>Global Tiger Day</b> 29<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Unscrambler/Word in a Word<br>11:00 <b>DR</b> Step On It<br>1:30 <b>AR</b> Name That Person<br>2:00 <b>AR</b> BINGO<br>3:00 <b>AR</b> Balloon Volleyball       | <b>Father-in-law Day</b> 30<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Today in History<br>10:30 <b>FR</b> Don and Vic 🎵<br>1:30 <b>AR</b> Craft<br>1:30 <b>AR</b> Manicures<br>2:30 <b>AR</b> Science Experiment<br>3:00 <b>N1</b> Wii Bowling   | <b>National Mutt Day</b> 31<br>9:30 <b>FR</b> Stretches<br>10:00 <b>FR</b> Virtual Vacation<br>10:30 <b>FR</b> Mad Libs<br>11:00 <b>DR</b> Step On It<br>1:30 <b>FP</b> Popsicles<br>2:00 <b>AR</b> BINGO<br><b>3:00 <b>AR</b> Bingo Store</b>   |   |   |  |



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