



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer	Executive Director
Marlene James	Resident Services Director
Tamika Williams	Business Director
Kate Krauss	Marketing Director
Lionel McDonald	Dietary Director
Kerry Durgadeen	Wellness Director
Allison McClare	Activities Director
Brandy Kern	Housekeeping Director
Jason Petrillo	Maintenance Director



2nd	Angela G.
26th	Helen A.
26th	Peggy S.
27th	Betty B.

Spotlight on Alzheimer's

Regency Park's team, "We Are Family," will walk together at the Alzheimer's Association Walk to End Alzheimer's® on Sunday, October 21, at 11am in Annapolis. Contact Nisha Switzer to join our team and walk with us!


October 2018

Our Resident and Director of the Month



Milton K. is our Resident of the Month for October! Born in the Bronx, Mickey has three kids and was a video editor for Columbia for 56 years. He worked on the Bronx Tale (which also *happens* to be one of his favorite movies) and has met many stars, like Robert De Niro. He also played with the Yankees for two years (so of course, they're his favorite team)! Besides movies and baseball, Mickey loves playing golf and shooting pool. You're an all around amazing guy, and we're lucky to have you, Mick! Congratulations!

Sadie K.'s one-year anniversary with us and award of Employee of the Month are both in October this year! Originally from Vermont, Sadie is married to a member of the US Coast Guard and has two adorable babies. When she's not here, Sadie loves to spend quality time with her family, going for walks, and playing with her kids. Believe it or not, she can recite the entire Lion King and Toy Story movies and someday she hopes to get to pet an elephant. We thank you so much for your hard work and care here. Congratulations, Sadie!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	International Raccoon Appreciation Day 1 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 AR BINGO 1:30 FP Step On It 2:00 FR Unscrambler 3:00 N1 Wii Bowling	Name Your Car Day 2 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Trivia Tuesday 1:30 B Men's Group 1:30 AR Coloring and Conversation 2:30 FP Step On It 3:00 AR Noodle Ball	Butterfly and Hummingbird Day 3 10:00 FR Second Cup of Coffee 10:30 AR BINGO 2:00 FP Walkin' Wednesday 2:30 AR Watercoloring-Butterflies and Hummingbirds 3:45 FR Hangman	Ten-Four Day 4 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Getting to Know You 11:00 FP Step On It 2:00 FR Cornhole 3:00 LI Uno	World Smile Day 5 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 N1 Wii Bowling: League 1:30 FP Step On It 2:00 FR What Makes You Happy Hour	National Noodle Day 6 9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games 3:00 N3 Classic Movie
National Forgiveness Day 7 9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★ 3:00 N3 Classic Movie	Columbus Day 8 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 N2 Morning Movie 1:30 FP Step On It 2:00 FR Hits with Rich🎵	Leif Erickson Day 9 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 N2 Morning Movie 1:30 AR Coloring and Conversation 2:30 FP Step On It	International Top Spinning Day 10 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 AR BINGO 1:30 FP Walkin' Wednesday 2:00 FR Word in a Word 3:00 FR Nancy Surprise	National Pizza Day 11 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 N3 Resident Council Meeting 11:00 FP Step On It 2:00 FR Cornhole 3:00 AR Noodle Ball	National Farmers' Day 12 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Communion with Father Eric★ 10:30 N1 Wii Bowling: League 1:30 FP Step On It 2:00 FR Happy Hour with Christine🎵	Navy's Birthday 13 9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games 3:00 N3 Classic Movie
Be Bald and Be Free Day 14 9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★ 3:00 N3 Classic Movie	National Cake Decorating Day 15 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Unscrambler/Word in a Word 11:00 Men's Outing to Greene Turtle\$ 1:30 FP Step On It 2:00 AR Cake Decorating	National Boss Day 16 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Trivia Tuesday 1:30 B Men's Group 1:30 AR Coloring and Conversation 2:30 FP Step On It 3:00 AR Noodle Ball	Wear Something Gaudy Day 17 9:30 Target Outing\$ 10:00 FR Second Cup of Coffee 10:30 N2 Morning Movie 1:30 AR Massages with Sue 2:00 FP Walkin' Wednesday 3:15 AR BINGO	Birthday of Chuck Berry 18 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Crazy Word Pictures 11:00 FP Step On It 2:00 FR Cornhole 3:00 N2 Chuck Berry Social	Learn a Word Day 19 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Music by Bob🎵 10:30 N1 Wii Bowling: League 1:30 FP Step On It 2:00 FR Crazy, Real Words Happy Hour	Sweet Day 20 9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games 3:00 N3 Classic Movie
Count Your Buttons Day 21 9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 WALK TO END ALZHEIMER'S in Annapolis 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★ 3:00 N3 Classic Movie	National Color Day 22 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 AR BINGO 1:30 FP Step On It 2:00 FR Getting to Know You 2:30 FR Crazy Word Pictures 3:30 LI Uno	TV Talk Show Host Day 23 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR TV Talk Show Trivia Tuesday 1:30 B Men's Group 1:30 AR Coloring and Conversation 2:30 FP Step On It 3:00 AR Noodle Ball	Take Back Your Time Day 24 10:00 FR Second Cup of Coffee 10:30 N2 Morning Movie 11:00 Osaka Lunch Outing\$ 2:00 FP Walkin' Wednesday 2:30 AR BINGO 3:45 FR Word in a Word	Sour Day 25 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Hangman 11:00 FP Step On It 2:00 FR Cornhole 3:00 FR Sweet and Sour Treats	Frankenstein Friday 26 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 N1 Wii Bowling: League 1:30 FP Step On It 2:00 FR Happy Halloween/Birthday Happy Hour	Navy Day 27 9:00 FR Family Visits 10:00 Fall Festival! 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games 3:00 N3 Classic Movie
Haunted Refrigerator Day 28 9:00 FR Family Visits 10:00 FR Fireplace Chats 11:00 FR Our Lady of the Fields★ 1:00 FR Anchor Baptist★ 3:00 N3 Classic Movie	Bring Your Jack-o'-lantern to Work Day 29 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 AR Paint a Pumpkin 1:30 FP Step On It 2:00 FR Karaoke with Christine🎵 3:30 LI Uno	National Candy Corn Day 30 9:30 FR Stretches 10:00 FR Second Cup of Coffee 10:30 FR Don and Vic🎵 1:30 B Men's Group 1:30 AR Coloring and Candy Corn 2:30 FP Step On It 3:00 AR Noodle Ball	Halloween 31 10:00 FR Second Cup of Coffee 10:30 AR BINGO 2:00 FP Walkin' Wednesday 2:30 FR Halloween Spooktacular Party 3:30 FR Costume Parade 4:00 N2 Halloween Movie			*Activities subject to change. Board games and puzzles are always available in the Activities Room.



Join Us as We
WALK TO END

ALZHEIMER'S



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