



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

- Nisha Switzer Executive Director
- Marlene James Resident Services Director
- Tamika Williams Business Director
- Kate Krauss Marketing Director
- Lionel McDonald Dietary Director
- Sadie Keel Wellness Director
- Jason Petrillo Maintenance Director
- Monique Blue Quiet Waters Coordinator
- Bailey Falk Activities Coordinator



Happy Birthday

- Mary Chapman 8/9
- Margaret Jett 8/10
- Mary Smith 8/14
- Margaret Stone 8/31

Be Like a Bee

It's important to drink enough water to stay hydrated in the summer heat. To help increase your intake, add flavor and sweetness to your water with a teaspoon of honey.

August 2019

Our Resident and Employee of the Month



Resident of the Month

Janet Fohs is our Resident of the Month for August. She was born and raised in Baltimore, MD. She was a nun for 20 years. While she was a nun she taught second and third grade in North Carolina. She continued to teach as a lay person. Janet got married on her birthday and has been married for 33 years! Janet and her husband have traveled all over the United States. She particularly enjoyed one bus trip to the national parks out west. Congratulations, Janet!! We are happy you are here!

Employee of the Month

Bailey Falk is awarded Employee of the Month for August! Bailey was born and raised in Davidsonville, Maryland. She lives with her parents and her younger sister. Bailey likes to read and tutor math students. Some people might be surprised to know that Bailey was hit by a bus last summer. She would really like to travel to Greece. Previously Bailey was an eighth grade math teacher in Philadelphia, PA. Congratulations, Bailey!! Thank you for all you do!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Universal Birthday for Shelter Dogs¹
 9:30 FR Stretches
9:30 Target\$
 11:00 DR Step On It
 1:30 B Yahtzee
 2:00 B Card games with Bailey
 3:00 FR Ring Toss

Dinosaurs Day 2
 9:30 FR Stretches
 10:00 FR Today in History
10:30 FIELD DAY!!
 11:00 FR Communion with Father Eric
 2:00 FR Happy Hour with Greg♪

National Watermelon Day 3
 9:00 FR Family Visits
 10:00 FR Dog visits
 10:00 FR Fireplace Chats
 11:00 FR Reminisce
 1:00 AR Board Games

Friendship and Sisters Day 4
 9:00 FR Family Visits
 10:00 FR Fireplace Chats
 11:00 FR Our Lady of the Fields★
 1:00 FR Anchor Baptist★

Exercise With Your Child Day 5
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Unscrambler/Word in a Word
 11:00 DR Step On It
 1:30 AR Name That Person
 2:00 AR BINGO
 3:00 AR Balloon Volleyball

International Forgiveness Day 6
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Visual Verbal Puzzles
 11:00 FR Number Fun
 1:30 AR Manicures
 2:00 FR Fairytale show
 3:00 N1 Wii Bowling

Particularly Preposterous Packaging Day 7
 9:30 FR Stretches
 10:00 FR Virtual Vacation
 10:30 FR Mad Libs
 11:00 DR Step On It
 1:30 DR Ice Cream Social
 2:00 AR Bingo
 3:00 AR Hangman

National Frozen Custard Day 8
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 N3 Resident Council Meeting
 11:00 DR Step On It
 1:30 B Yahtzee
 2:00 B Card games with Bailey
 3:00 FR Ring Toss

Smokey Bear's 75th Birthday 9
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Corn Hole
 11:00 DR Step On It
 1:30 FR You Be The Judge
 2:00 FR Happy Hour with Christine♪

National S'mores Day 10
 9:00 FR Family Visits
 10:00 FR Fireplace Chats
 11:00 FR Reminisce
 1:00 AR Board Games

Daughters' Day 11
 9:00 FR Family Visits
 10:00 FR Fireplace Chats
 11:00 FR Our Lady of the Fields★
 1:00 FR Anchor Baptist★

Vinyl Record Day 12
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Unscrambler/Word in a word
 11:00 DR Step On It
 1:30 AR Name That Person
 2:00 AR BINGO
 3:00 AR Balloon Volleyball

International Left-handers' Day 13
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Jumbled Words
 11:00 FR Finish the Phrase
 1:30 AR Craft
 1:30 AR Manicures
 2:00 FR Catholic Rosary with Wally★
 2:30 AR Science Experiment
 3:00 N1 Wii Bowling

Anniversary of V-J Day 14
 9:30 FR Stretches
 10:00 FR Virtual Vacation
 10:30 FR Mad Libs
 11:00 DR Step On It
 1:30 DR Popsicles
 2:00 AR BINGO
 3:00 AR Hangman
 7:00 Alzheimer's Association Support Group

National Relaxation Day 15
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Jeopardy
 11:00 DR Step On It
 1:30 B Yahtzee
 2:00 B Card games with Bailey
 3:00 FR Ring Toss

National Roller Coaster Day 16
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Music by Bob♪
 1:30 FR You Be The Judge
 2:00 FR Happy Hour with Greg♪

National Hippie Day 17
 9:00 FR Family Visits
 10:00 FR Dog visits
 10:00 FR Fireplace Chats
 11:00 FR Reminisce
 1:00 AR Board Games

National Ice Cream Pie Day 18
 9:00 FR Family Visits
 10:00 FR Fireplace Chats
 11:00 FR Our Lady of the Fields★
 1:00 FR Anchor Baptist★

World Orangutan Day 19
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Unscrambler/Word in a Word
11:00 Men's Outing\$
 11:00 DR Step On It
 1:30 AR Name That Person
 2:00 AR BINGO
 3:00 AR Balloon Volleyball

Lemonade's Birthday 20
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Visual Verbal Puzzles
 11:00 FR Number Fun
 1:30 AR Craft
 1:30 AR Manicures
 2:30 AR Science Experiment
 3:00 N1 Wii Bowling

Poets' Day 21
 9:30 FR Stretches
 10:00 FR Virtual Vacation
 10:30 FR Mad Libs
 11:00 DR Step On It
 1:30 DR Ice Cream Social
 2:00 AR Bingo
 3:00 AR Hangman

National Spumoni Day 22
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Jeopardy
 11:00 DR Step On It
 1:30 B Yahtzee
 2:00 B Card games with Bailey
 3:00 FR Ring Toss

National Plumbers' Day 23
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Corn Hole
 11:00 DR Step On It
 1:30 FR You Be The Judge
 2:00 FR Happy Hour with Christine♪

National Peach Pie Day 24
 9:00 FR Family Visits
 10:00 FR Fireplace Chats
 11:00 FR Reminisce
 1:00 AR Board Games

Anniversary of the National Park Service 25
 9:00 FR Family Visits
 10:00 FR Fireplace Chats
 11:00 FR Our Lady of the Fields★
 1:00 FR Anchor Baptist★

Women's Equality Day 26
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Unscrambler/Word in a Word
 11:00 DR Step On It
 1:30 AR Name That Person
 2:00 AR BINGO
 3:00 AR Balloon Volleyball

Banana Lovers' Day 27
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Don and Vic♪
 1:30 AR Craft
 1:30 AR Manicures
 2:30 FR Wellness seminar
 3:00 N1 Wii Bowling

Tomato Festival (Spain) 28
 9:30 FR Stretches
 10:00 FR Virtual Vacation
 10:30 FR Mad Libs
 11:00 DR Step On It
 1:30 DR Popsicles
 2:00 AR BINGO
3:00 AR Bingo Store

Chop Suey Day 29
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Jeopardy
11:00 Lunch Outing\$
 11:00 DR Step On It
 1:30 B Yahtzee
 2:00 B Card games with Bailey
 3:00 FR Ring Toss

Toasted Marshmallow Day 30
 9:30 FR Stretches
 10:00 FR Today in History
 10:30 FR Corn Hole
 11:00 DR Step On It
 1:30 FR You Be The Judge
 2:00 FR Happy Hour with Moxie♪

Eat Outside Day 31
 9:00 FR Family Visits
 10:00 FR Dog visits
 10:00 FR Fireplace Chats
 11:00 FR Reminisce
 1:00 AR Board Games



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