



# REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

## Our Friendly Staff

Nisha Switzer	Executive Director
Sadie Keel	Wellness Director
Tamika Williams	Business Director
Amanda Stabile	Community Services Director
Kate Krauss	Marketing Director
Lionel McDonald	Dietary Director
Jason Petrillo	Maintenance Director
Amanda Owens	Resident Services Coordinator
Bailey Falk	Activities Coordinator



# Happy Birthday

Bob McMeans 12/1  
Jane Morgan 12/3  
Frank Fladung 12/27

## Employee Anniversaries

Frances Howard 3 years

## Be the Light

"There are two ways of spreading light: to be the candle or the mirror that reflects it." —  
Edith Wharton

## December 2020

### Our Resident and Employee of the Month







#### Resident of the Month

Betty Touma is our Resident of the Month for December. Betty grew up with two older sisters. She met her husband in college and they had four daughters and one son. Betty loves BINGO and gardening. She has traveled to Europe and enjoys visiting the southern US. Betty worked in schools, both high schools and prison system schools. She taught math mostly, but she taught everything else, too, because she was in charge of it all. Congratulations, Betty!! We are glad that you are here!

#### Employee of the Month

KeMyra McGowan is our Employee of the Month for December. She was born in Annapolis and raised in Glen Burnie. KeMyra is the oldest of six and she has a pet rabbit. She likes to hang out with her friends and watch her favorite shows. KeMyra thinks that people will be surprised to learn that she is very goofy but also likes to have her alone time. She wants to travel more, but her current favorite place to visit is New York. Congratulations, KeMyra!! Thank you for all you do!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Eat a Red Apple Day</b> 1 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Jumbled Words 1:30 AR Craft 2:30 N2 Ring Toss N2 3:00 N2 Ring Toss N4	<b>National Fritters Day</b> 2 9:30 TV Exercise 10:00 TV Virtual Vacation 10:30 TV Jokes 1:30 TV Popsicles 2:00 TV BINGO 3:00 TV More Bingo	<b>Be a Blessing Day</b> 3 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Finish the Phrase 1:30 N3 Bowling N3 2:00 N2 Bowling N4 2:30 N1 Corn Hole N1 3:00 AR Corn Hole N2	<b>National Cookie Day</b> 4 9:30 TV Exercise 10:00 TV Today In History 10:30 TB Yahtzee 1:30 TV Happy Hour 🎵 2:30 N1 Ring Toss N1 3:00 N3 Ring Toss N3	<b>Bathtub Party Day</b> 5 10:00 TV Fireplace Chats 11:00 TV Reminisce 1:00 AR Board Games
<b>National Gazpacho Day</b> 6 10:00 TV Fireplace Chats 11:00 TV Catholic Church Service ★ 1:00 TV Baptist Church Service ★	<b>National Cotton Candy Day</b> 7 9:30 TV Exercise 10:00 TV Today In History 10:30 TV Unscrambler/Word in a Word 1:30 AR Walking Club 2:00 TV BINGO 3:00 TV Hangman	<b>Gingerbread Decorating Day</b> 8 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Jumbled Words 1:30 AR Craft 2:30 N2 Ring Toss N2 3:00 N2 Ring Toss N4	<b>National Pastry Day</b> 9 9:30 TV Exercise 10:00 TV Virtual Vacation 10:30 TV Jokes 1:30 TV Popsicles 2:00 TV BINGO 3:00 TV More Bingo	<b>Hanukkah Begins</b> 10 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Finish the Phrase 10:30 N3 Resident Council Meeting 1:30 N1 Bowling N1 2:00 AR Bowling N2 2:30 N3 Corn Hole N3 3:00 N2 Corn Hole N4	<b>Official Lost and Found Day</b> 11 9:30 TV Exercise 10:00 TV Today In History 10:30 TB Yahtzee 1:30 TV Happy Hour 🎵 2:30 N1 Ring Toss N1 3:00 N3 Ring Toss N3	<b>National Cocoa Day</b> 12 10:00 TV Fireplace Chats 11:00 TV Reminisce 1:00 AR Board Games
<b>Gluten-free Baking Week</b> 13 10:00 TV Fireplace Chats 11:00 TV Catholic Church Service ★ 1:00 TV Baptist Church Service ★	<b>National Monkey Day</b> 14 9:30 TV Exercise 10:00 TV Today In History 10:30 TV Unscrambler/Word in a Word 1:30 AR Walking Club 2:00 TV BINGO 3:00 TV Hangman	<b>National Firefighters' Day</b> 15 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Jumbled Words 1:30 AR Craft 2:30 N2 Ring Toss N2 3:00 N2 Ring Toss N4	<b>National Chocolate-Covered Anything Day</b> 16 9:30 TV Exercise 10:00 TV Virtual Vacation 10:30 TV Jokes 1:30 TV Popsicles 2:00 TV BINGO 3:00 TV More Bingo	<b>National Maple Syrup Day</b> 17 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Finish the Phrase 1:30 N3 Bowling N3 2:00 N2 Bowling N4 2:30 N1 Corn Hole N1 3:00 AR Corn Hole N2	<b>Pantomime Day</b> 18 9:30 TV Exercise 10:00 TV Today In History 10:30 TB Yahtzee 1:30 TV Happy Hour 🎵 2:30 N1 Ring Toss N1 3:00 N3 Ring Toss N3	<b>Oatmeal Muffin Day</b> 19 10:00 TV Fireplace Chats 11:00 TV Reminisce 1:00 AR Board Games
<b>National Caroling Day</b> 20 10:00 TV Fireplace Chats 11:00 TV Catholic Church Service ★ 1:00 TV Baptist Church Service ★	<b>Humbug Day</b> 21 9:30 TV Exercise 10:00 TV Today In History 10:30 TV Unscrambler/Word in a Word 1:30 AR Walking Club 2:00 TV BINGO 3:00 TV Hangman	<b>Be a Lover of Silence Day</b> 22 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Jumbled Words 1:30 AR Craft 2:30 N3 Corn Hole N3 3:00 N2 Corn Hole N4	<b>Night of the Radishes</b> 23 9:30 TV Exercise 10:00 TV Virtual Vacation 10:30 TV Jokes 1:30 TV Popsicles 2:00 TV BINGO 3:00 TV More Bingo	<b>National Eggnog Day</b> 24 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Finish the Phrase 1:30 N1 Blossom Store N1 2:30 N2 Blossom Store N2	<b>Christmas</b> 25 9:30 TV Christmas Music Sing-Along 🎵 12:00 Christmas Lunch 1:30 TV Christmas Movie	<b>National Candy Cane Day</b> 26 10:00 TV Fireplace Chats 11:00 TV Reminisce 1:00 AR Board Games
<b>Visit the Zoo Day</b> 27 10:00 TV Fireplace Chats 11:00 TV Catholic Church Service ★ 1:00 TV Baptist Church Service ★	<b>National Quilters' Day</b> 28 9:30 TV Exercise 10:00 TV Today In History 10:30 TV Unscrambler/Word in a Word 1:30 AR Walking Club 2:00 TV BINGO 3:00 TV Hangman	<b>Full Moon</b> 29 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Jumbled Words 1:30 AR Craft 2:30 N1 Corn Hole N1 3:00 AR Corn Hole N2	<b>National Bicarbonate of Soda (Baking Soda) Day</b> 30 9:30 TV Exercise 10:00 TV Virtual Vacation 10:30 TV Jokes 1:30 TV Popsicles 2:00 TV BINGO 3:00 TV More Bingo	<b>New Year's Eve</b> 31 9:30 TV Exercise 10:00 TV Book Club 10:30 TV Finish the Phrase 1:30 N3 Blossom Store N3 2:30 N2 Blossom Store N4		





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