



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer	Executive Director
Alice Carroll	Nurse Manager
Tamika Williams	Business Director
Kate Krauss	Marketing Director
George Branch	Maintenance Director
Karen Kelly	Care Coordinator
Chelsie Dillon	Activities Coordinator

Employee Anniversary

Alice..... 7 years
Brooke.....1 year

Happy Birthday!

Kenneth Brimmer	July 2nd
Nellie Manganello	July 11th
Edgar Kremer	July 12th
Margaret "Jane" Johnson	July 17th
Joan Zegalia	July 31st

Quotes to Inspire

"Government of the people, by the people,
for the people, shall not perish from the Earth."
• Abraham Lincoln



July 2022

Employee of the Month

Karen Kelly is Regency Park's capable and dependable Care Coordinator. In her free time, Karen enjoys listening to gospel music, watching drama unfold on *The Bold & The Beautiful*, or spending time with her family. She also has an athletic side, enjoying track & field, as well as net ball and other sports. Karen loves all of our residents at Regency, but she has a special place in her heart for our Quiet Waters residents. You can often find Karen in Quiet Waters, doling out smiles and jokes to keep our residents in a happy mood. Thank you for everything you do Karen!



A Patriotic Greeting for Our Regency Family!

A happy 4th of July greeting from all of us here at Regency Park! We hope that you enjoy your independence day celebrations, and that you take a moment to reflect on what this day means to you.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<div>3</div> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	<div>4</div> Independence Day 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Whiteboard Games 2:00 AR BINGO! 3:30 AR Get Ya Moving Games	<div>5</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 LI Card or Board Games 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	<div>6</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Group Trivia Games 2:00 DR Ice Cream 2:30 AR BINGO!	<div>7</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Music Appreciation Social Hour ♪ 2:00 AR Art for Everyone 3:30 AR Get Ya Moving Games	<div>1</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 LI Card or Board Games 2:00 FR Fun Friday Games & Activities	<div>2</div> 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games
<div>10</div> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	<div>11</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Whiteboard Games 2:00 AR BINGO! 3:30 AR Get Ya Moving Games	<div>12</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Sing-Along with Assistance League of the Chesapeake ♪ 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	<div>13</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Group Trivia Games 2:00 DR Ice Cream 2:30 AR BINGO!	<div>14</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Music Appreciation Social Hour FEATURING: Bob Clark.♪ 2:00 AR Art for Everyone 3:30 AR Get Ya Moving Games	<div>15</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 LI Card or Board Games 2:00 FR Fun Friday Games & Activities	<div>16</div> 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games
<div>17</div> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	<div>18</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Whiteboard Games 2:00 AR BINGO! 3:30 AR Get Ya Moving Games	<div>19</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 LI Card or Board Games 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	<div>20</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Group Trivia Games 2:00 DR Ice Cream 2:30 AR BINGO!	<div>21</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Music Appreciation Social Hour ♪ 2:00 AR Art for Everyone 3:30 AR Get Ya Moving Games	<div>22</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 LI Card or Board Games 2:00 FR Fun Friday Games & Activities	<div>23</div> 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games
<div>24</div> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	<div>25</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Whiteboard Games 2:00 AR BINGO! 3:30 AR Get Ya Moving Games	<div>26</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 LI Card or Board Games 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	<div>27</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Group Trivia Games 2:00 DR Ice Cream 2:30 AR BINGO!	<div>28</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 FR Music Appreciation Social Hour ♪ 2:00 AR Art for Everyone 3:30 AR Get Ya Moving Games	<div>29</div> 9:30 FR Sitting Fit: Morning Exercise 10:00 LI Card or Board Games 1:00 B Blossom Store 3:00 FR Special Musical Performance by Norm & Tim ♪	<div>30</div> 10:00 FR Fireplace Chats 11:00 FR Reminisce 1:00 AR Board Games
<div>31</div> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★						

"This Month In History"

JULY

1790: The District of Columbia is established as the seat of the U.S. government.

1933: American aviator Wiley Post completes the first solo flight around the world in seven days and 18 hours.

1935: British publishing house Penguin Books releases the first paperbacks, making high-quality literature more affordable and available to the general public.

1955: "The Lawrence Welk Show" premieres on national TV. The bandleader and accordionist hosted a

variety of talented singers and dancers for nearly 30 years.

1971: Koko the gorilla is born at the San Francisco Zoo. Taught sign language at age 1, she gained a vocabulary of 1,000 signs during her lifetime.

1997: At age 16, Martina Hingis of Switzerland becomes the youngest Wimbledon singles champion in 110 years.

2008: NASA's Phoenix Mars Lander spacecraft confirms the presence of frozen water in the soil of the red planet.

2018: Cardi B is the first female rapper to score two No. 1 hits on Billboard's Hot 100 singles chart.

2020: NFL quarterback Patrick Mahomes of the Kansas City Chiefs signs the largest contract for an athlete in sports history. The 12-year deal totaled over \$500 million.



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