



# REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

## Our Friendly Staff

Nisha Switzer	Executive Director
Alice Carroll	Nurse Manager
Tamika Williams	Business Director
Amanda Stabile	Community Services Director
Kate Krauss	Marketing Director
George Branch	Maintenance Director
Karen Kelly	Care Coordinator
Chelsie Dillon	Activities Coordinator

## Employee Anniversary

Mya —1 Year



Eugene "Wayne" Cheney	June 1st
John Bowman	June 4th
Sandra Jackson	June 17th
Marilyn Rogers	June 18th

## Quotes to Inspire

"In early June the world of leaf and blade and flowers explodes, and every sunset is different."

— John Steinbeck

...

"Nature does not hurry, yet everything is accomplished."

— Lao Tzu

## June 2022




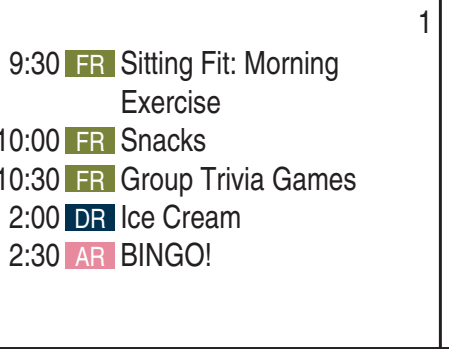
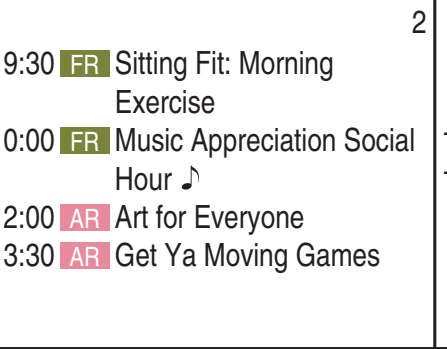
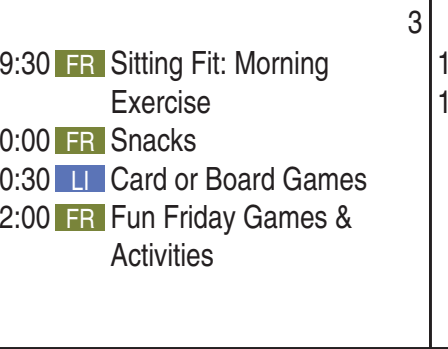
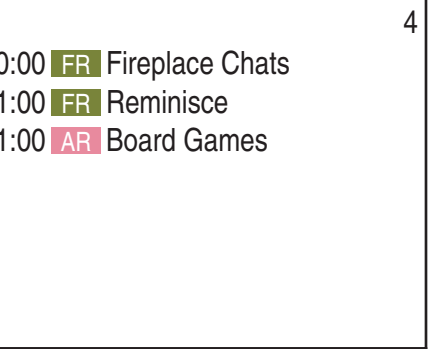


### Employee of the Month

Maddy is one of our wonderful nurses here at Regency, and we are very lucky to have her! In addition to taking care of our residents, Maddy takes care of her own batch of little ones at home, so it's safe to say that chaos is commonplace in her life and nurturing is part of her nature. In her free time, Maddy enjoys gardening and reading, but she also likes a good Harry Potter marathon every now and then. Maddy says her favorite thing about working at Regency is the relationships she's built with our residents.

### Resident of the Month

Patricia Pross grew up in a loving family, in a small town in New Jersey. Growing up, Pat knew she wanted to be a nurse. "It's just the most wonderful profession," she says. "You get to help and meet all kinds of people." Pat has lots of wonderful stories about her time as a nurse, but nowadays she spends her spare time reading autobiographies, listening to music, and chatting with her friends.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5 10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Catholic Church Service★ 1:00 <span>FR</span> Baptist Church Service★	6 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Whiteboard Games 2:00 <span>AR</span> BINGO! 3:30 <span>AR</span> Get Ya Moving Games	7 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>LI</span> Card or Board Games 3:00 <span>FR</span> Happy Hour! with Distinctive Drinks & Great Games!	1 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Group Trivia Games 2:00 <span>DR</span> Ice Cream 2:30 <span>AR</span> BINGO!	2 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Music Appreciation Social Hour 🎵 2:00 <span>AR</span> Art for Everyone 3:30 <span>AR</span> Get Ya Moving Games	3 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>LI</span> Card or Board Games 2:00 <span>FR</span> Fun Friday Games & Activities	4 10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Reminisce 1:00 <span>AR</span> Board Games
12 10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Catholic Church Service★ 1:00 <span>FR</span> Baptist Church Service★	13 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Whiteboard Games 2:00 <span>AR</span> BINGO! 3:30 <span>AR</span> Get Ya Moving Games	14 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>LI</span> Card or Board Games 3:00 <span>FR</span> Happy Hour! with Distinctive Drinks & Great Games!	8 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Group Trivia Games 2:00 <span>DR</span> Ice Cream 2:30 <span>AR</span> BINGO!	9 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Music Appreciation Social Hour <b>FEATURING: Bob Clark</b> 🎵 10:30 <span>FR</span> Resident Council Meeting 2:00 <span>AR</span> Art for Everyone 3:30 <span>AR</span> Get Ya Moving Games	10 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>LI</span> Card or Board Games 2:00 <span>FR</span> Fun Friday Games & Activities	11 10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Reminisce 1:00 <span>AR</span> Board Games
19 <b>Juneteenth &amp; Father's Day</b> 10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Catholic Church Service★ 1:00 <span>FR</span> Baptist Church Service★	20 <b>Juneteenth (Observed)</b> 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Whiteboard Games 2:00 <span>AR</span> BINGO! 3:30 <span>AR</span> Get Ya Moving Games	21 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>LI</span> Card or Board Games 3:00 <span>FR</span> Happy Hour! with Distinctive Drinks & Great Games!	15 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Group Trivia Games 2:00 <span>DR</span> Ice Cream 2:30 <span>AR</span> BINGO!	16 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Music Appreciation Social Hour 🎵 2:00 <span>AR</span> Art for Everyone 3:30 <span>AR</span> Get Ya Moving Games	17 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>LI</span> Card or Board Games 2:00 <span>FR</span> Fun Friday Games & Activities	18 10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Reminisce 1:00 <span>AR</span> Board Games
26 10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Catholic Church Service★ 1:00 <span>FR</span> Baptist Church Service★	27 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Whiteboard Games 2:00 <span>AR</span> BINGO! 3:30 <span>AR</span> Get Ya Moving Games	28 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>LI</span> Card or Board Games 3:00 <span>FR</span> Happy Hour! with Distinctive Drinks & Great Games!	29 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Snacks 10:30 <span>FR</span> Group Trivia Games 2:00 <span>DR</span> Ice Cream 2:30 <span>AR</span> BINGO!	30 9:30 <span>FR</span> Sitting Fit: Morning Exercise 10:00 <span>FR</span> Music Appreciation Social Hour 🎵 2:00 <span>AR</span> Art for Everyone 3:30 <span>AR</span> Get Ya Moving Games		

# "This Month In History"

## JUNE

**1910:** The first statewide celebration of Father's Day is held in Washington. The day honoring fathers was proclaimed a national holiday in 1972.

**1928:** Louis Armstrong and his Hot Five band record "West End Blues," considered to be one of the greatest jazz songs of all time.

**1939:** The first Little League Baseball game is played in Williamsport, Pa.

**1944:** Allied forces storm the beaches of Normandy, France, in the D-Day invasion of World War II.

**1956:** The last Packard rolls off the production line at the luxury car's manufacturing plant in Detroit.

**1978:** Comic strip cat "Garfield," created by Jim Davis, debuts in 41 newspapers.

**1993:** Chuck Berry, Ruth Brown and Billy Joel are among the stars who help break ground for the new Rock & Roll Hall of Fame building in Cleveland.

**2007:** After recovering from near extinction, the American bald eagle is removed from the endangered species list.

**2012:** Daredevil Nik Wallenda makes high-wire history after walking a 1,800-foot-long wire suspended over Niagara Falls.

**2019:** "Jeopardy!" contestant James Holzhauer's winning streak ends at 32 games. He won over \$2.4 million on the TV quiz show.



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