



# REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

## Our Friendly Staff

Nisha Switzer ..... Executive Director  
Alice Carroll ..... Wellness Nurse Director  
Tamika Williams ..... Business Director  
Kate Krauss ..... Marketing Director  
George Branch ..... Maintenance Director  
Karen Kelly ..... Care Coordinator  
Chelsie Dillon ..... Activities Director

## Employee Anniversary

Kemyra ..... 3 years

## No Birthdays for the Month of November

## Quotes to Inspire

"Don't wait until the fourth Thursday in November, to sit with family and friends to give thanks. Make every day a day of Thanksgiving!"

•Charmaine J. Forde

"When you give joy to other people, you get more joy in return. You should give a good thought to happiness that you can give out."

•Eleanor Roosevelt



## November 2022



## Resident of the Month

Rosie Thomas is our hardworking and ever sweet resident of the month! Rosie is from Seale, Alabama, where she grew up in a Southern Baptist Church. Once she left Alabama, Rosie worked housekeeping at Cleveland Metropolitan General Hospital. Rosie loves to take the skills that she honed there and apply them here at Regency! She is always ready to help staff clean, and honestly the building has never been so sparkly! You're wonderful, Rosie, and we love you!

## Employee of the Month

Kisha brings joy and comfort to the doors of Regency Park every other weekend as our front desk receptionist! She loves the welcoming environment at Regency, and the opportunity to chat with the residents & family members that visit. She also loves spending time with her friends & family, '90s R&B, and a good party! Something fun about Kisha I bet you didn't know: she loves the water, but can't swim! Thank you for all that you do, Kisha! We're lucky to have you!



# November 2022

FR Fireplace Room    🎵 Music  
AR Activities Room    ★ Religious Service  
LI Library  
B Bistro  
DR Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Spirit Week: Tie-Dye Tuesday</b> 1 9:30 <span>FR</span> White Board Games 10:30 <span>FR</span> Sitting Fit: Morning Exercise 3:00 <span>FR</span> <i>Happy Hour! with Distinctive Drinks &amp; Great Games!</i>	<b>Spirit Week: Wacky Wednesday</b> 2 9:30 <span>FR</span> Group Trivia Games 10:30 <span>FR</span> Sitting Fit: Morning Exercise 2:00 <span>DR</span> Ice Cream 2:30 <span>AR</span> BINGO!	<b>Spirit Week: Sports Thursday</b> 3 9:30 <span>FR</span> Music Appreciation Social Hour 🎵 10:30 <span>FR</span> Sitting Fit: Morning Exercise 2:00 <span>LI</span> Card or Board Games 3:30 <span>AR</span> Get Ya Moving Games	<b>Spirit Week: Blast From the Past Friday</b> 4 9:30 <span>FR</span> Hot Chocolate Bar 10:30 <span>FR</span> Sitting Fit: Morning Exercise 2:00 <span>FR</span> Fun Friday Games & Activities	10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Whiteboard Games with Shirley
		9:30 <span>FR</span> White Board Games 10:30 <span>FR</span> Sitting Fit: Morning Exercise 3:00 <span>FR</span> <i>Happy Hour! with Distinctive Drinks &amp; Great Games!</i>	9:30 <span>FR</span> Group Trivia Games 10:30 <span>FR</span> Sitting Fit: Morning Exercise 2:00 <span>DR</span> Ice Cream 2:30 <span>AR</span> BINGO!	9:30 <span>FR</span> Music Appreciation Social Hour 🎵 10:30 <span>FR</span> Sitting Fit: Morning Exercise <b>3:00 <span>B</span> Special Program from Echoes of Nature</b> 3:30 <span>AR</span> Get Ya Moving Games	<b>Veterans Day</b> 11 9:30 <span>FR</span> Hot Chocolate Bar 10:30 <span>FR</span> Sitting Fit: Morning Exercise 2:00 <span>FR</span> Fun Friday Games & Activities	10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Whiteboard Games with Shirley
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10:00 <span>FR</span> Fireplace Chats 11:00 <span>FR</span> Catholic Church Service ★ 2:30 <span>FR</span> Nondenominational Church Service ★	9:30 <span>FR</span> Hot Chocolate Bar 10:30 <span>FR</span> Sitting Fit: Morning Exercise 1:30 <span>AR</span> BINGO!	9:30 <span>FR</span> White Board Games 10:30 <span>FR</span> Sitting Fit: Morning Exercise 3:00 <span>FR</span> <i>Happy Hour! with Distinctive Drinks &amp; Great Games!</i>	9:30 <span>FR</span> Group Trivia Games 10:30 <span>FR</span> Sitting Fit: Morning Exercise 2:00 <span>DR</span> Ice Cream 2:30 <span>AR</span> BINGO!			
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# "This Month In History"

## NOVEMBER

**1876:** Yale defeats Princeton in the first college football game played on Thanksgiving.

**1935:** Departing from San Francisco, the China Clipper seaplane carries over 110,000 pieces of mail across the Pacific Ocean, arriving in the Philippines seven days later. The completion of the voyage marked the beginning of trans-Pacific airmail service and travel.

**1945:** The super-strong, spunky girl with the mismatched socks is introduced to readers when

Astrid Lindgren's book "Pippi Longstocking" is published in Sweden.

**1963:** Priced at \$15.95, the Easy-Bake Oven debuts in toy stores. Half a million of the mini appliances were sold during the first year.

**1982:** The first Honda Accord rolls off the assembly line in Marysville, Ohio, making Honda the first Asian automaker to manufacture cars in the U.S.

**1993:** A football record is set when the Miami Dolphins defeat the Philadelphia Eagles, crowning head coach Don Shula the winningest coach in NFL history.

**2005:** Angela Merkel is sworn in as the first female chancellor of Germany.

**2019:** The iconic black leather outfit worn by Olivia Newton-John in the 1978 film "Grease" is auctioned off for \$405,700, with 100% of the proceeds donated to the actress' cancer research organization.



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