



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer Executive Director
Alice Carroll Wellness Nurse Director
Tamika Williams Business Director
Kate Krauss Marketing Director
George Branch Maintenance Director
Karen Kelly Care Coordinator
Chelsie Dillon Activities Director

Employee Anniversaries

Esther..... 1 year
Nisha..... 7 years
Tamika..... 10 years
Leslie..... 18 years

Happy Birthday!

Virginia Clark.....February 9th
Rosie Mae Thompson.....February 10th
Bonnie Riffle.....February 22nd

Quotes to Inspire

"Loved you yesterday, love you still, always have, always will."

•Elaine Davis

"Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that."

•Martin Luther King Jr.

"Love is a fire. But whether it is going to warm your hearth or burn down your house, you can never tell."

•Joan Crawford



February 2023

Employee of the Month

Rosario comes to Regency from hot and sunny Brawley, California. She is a hard worker that loves to bond with our residents; in fact, she says that they are some of the nicest people she's ever met! Rosario is an outdoors kind of person, and her ideal day off would involve spending as much time as she can outside. She loves to garden, to hike, and to visit the Museums in D.C. She also loves her motorcycle! She and her partner are part of a motorcycle club, and she would love the opportunity to travel all across the US and Mexico. Thank you for everything you do, Rosario! You are a wonderful addition to the Regency team.



Resident of the Month

The loving and sweet Edith Dickerson spent most of her life in central Virginia. She moved into Regency last July, and has filled these walls with her warm smile and stylish ensembles ever since! Edith used to be a Home Economics teacher, so it's no surprise that she prides herself in her cooking. Edith says her specialties are: corn pudding, coleslaw, and peach cobbler! In addition to her cooking talents, Edith has a great ear for music. She loves Rock n' Roll or anything oldies, but her favorite band is The Commodores. You are a cherished part of Regency Park, Edith, and we are so lucky to have you!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|---|
|  |  |  | <div>1</div> <p> 9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO! </p> | <div>2</div> <p> Groundhog Day 9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games </p> | <div>3</div> <p> 9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Fun Friday Games & Activities </p> | <div>4</div> <p>10:00 FR Fireplace Chats</p> |
| <div>5</div> <p> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★ </p> | <div>6</div> <p> 9:30 FR Hot Chocolate Bar 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO! </p> | <div>7</div> <p> 9:30 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i> </p> | <div>8</div> <p> 9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO! </p> | <div>9</div> <p> 9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games </p> | <div>10</div> <p> 9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 B Special Movie Showing: Viva Las Vegas (1964) </p> | <div>11</div> <p>10:00 FR Fireplace Chats</p> |
| <div>12</div> <p> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★ </p> | <div>13</div> <p> 9:30 FR Hot Chocolate Bar 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO! </p> | <div>14</div> <p> Valentine's Day 9:30 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Special Performance from: Nancy & Dick </p> | <div>15</div> <p> 9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO! </p> | <div>16</div> <p> 9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games </p> | <div>17</div> <p> 9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Fun Friday Games & Activities </p> | <div>18</div> <p>10:00 FR Fireplace Chats</p> |
| <div>19</div> <p> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★ </p> | <div>20</div> <p> Presidents Day 9:30 FR Hot Chocolate Bar 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO! </p> | <div>21</div> <p> 9:30 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR Cowboy Joe's Magic Show </p> | <div>22</div> <p> 9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO! </p> | <div>23</div> <p> 9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games </p> | <div>24</div> <p> 9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Fun Friday Games & Activities </p> | <div>25</div> <p>10:00 FR Fireplace Chats</p> |
| <div>26</div> <p> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★ </p> | <div>27</div> <p> 9:30 FR Hot Chocolate Bar 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO! </p> | <div>28</div> <p> 9:30 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i> </p> |  |  |  |  |

"This Month In History"

FEBRUARY

1903: The first teddy bear, named after President Theodore Roosevelt, goes on sale.

1913: New York City's newly renovated Grand Central Terminal opens. More than 150,000 people visited the train station on opening day.

1935: In a secret demonstration, engineer Robert Watson-Watt uses radio waves to determine the location of nearby aircraft. The experiment led to the development of radar, from the words "radio detection and ranging."

1942: The first-ever gold record is presented to Glenn Miller for his song "Chattanooga Choo-Choo," which had sold 1.2 million copies.

1959: Commonly known as a microchip, the integrated circuit is patented, allowing electronics to become smaller, faster and less expensive.

1964: The Beatles perform in the U.S. for the first time.

1971: Apollo 14 lands on the moon, becoming the third crewed mission to do so, as well as the first to visit the lunar highlands.

1990: In South Africa, Nelson Mandela is released from prison at age 71. He served 27 years for his activism against the government-sanctioned segregation known as apartheid.

2001: Disney's California Adventure Park, a 72-acre attraction next door to Disneyland, opens.

2018: Paul Simon announces his farewell tour. His singing and songwriting career spanned six decades as both a solo artist and as part of the duo Simon & Garfunkel.



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