



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer	Executive Director
Alice Carroll	Wellness Nurse Director
Tamika Williams	Business Director
Kate Krauss	Marketing Director
George Branch	Maintenance Director
Karen Kelly	Care Coordinator
Chelsie Dillon	Activities Director



Happy Birthday!

Laverne Gowin..... April 8th
Ruth Summers..... April 30th

To Make You Laugh!

How do you plant a kiss in spring?

With two lips

Why couldn't the little flower ride a bike?

It didn't have any petals.

What happens when you tell an egg a joke?

It cracks up.

What did the excited gardener do when spring finally came?

He wet his plants.



April 2023

Employee of the Month

Everyone from staff, to residents, to visitors, loves to stop by the front desk to chat and catch up with Francis. She started as the evening receptionist about 5 years ago, and now she's manning the front desk full-time. Being the face of Regency Park is no easy task. Lucky for us, Francis is used to staying busy. In fact, she has 3 children, 9 grandchildren, and 10 great-grandchildren that all demand her attention. It's not unusual for Francis to have multiple plans and obligations scheduled on her days off. When asked her ideal way to spend a Saturday, she answered, "Cleaning my house, because I don't normally have time to do it!" We appreciate all of the hard work you do, Francis. Thank you for your years of dedication.

Resident of the Month

Carmella Vegh has never met a stranger. With 8 brothers and 2 sisters, Carmella is used to warm conversations and crowded dinner tables. She grew up in West Virginia, but Carmella's father was from Ibiza, Spain, and her mother was from Budapest in Hungary. Carmella is proud of her roots and her face lights up whenever she tells a story from her childhood, almost as much as it lights up when she recalls seeing Elvis in concert or raising her son in Ohio. Carmella lives her life with enthusiasm and vigor. When asked about her one piece of advice for the younger generations, she smiled and answered, "Treat people like you love 'em!" Carmella, you are a good person and a good friend. Thank you for the joy that you've brought to Regency Park.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Palm Sunday 2 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	 9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	 9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	 Passover Begins 5 9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	 9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games	 Good Friday 7 9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Fun Friday Games & Activities	April Fools' Day 1 10:00 FR Fireplace Chats
Easter 9 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games	9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 B Special Movie Showing: The Bucket List (2007)	10:00 FR Fireplace Chats
10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	10:00 B Resident Council Meeting 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games	9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 3:00 B Ice Cream Sundae Bar	Earth Day 22 10:00 FR Fireplace Chats
10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Special Performance from: Nancy & Dick	9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games	9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Fun Friday Games & Activities	10:00 FR Fireplace Chats
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Flower of [April]

Botanical name | Bellis perennis

Other names | Many plants share the name, though the Bellis perennis is often considered to be the archetypal species of the name

Description | Long, narrow ray petals surround a center of tiny petals on a long stem

Colors | Many colors but the quintessential daisy has white ray petals with a yellow center

Facts | During the Middle Ages, the Crusaders made an ointment from the daisy plant, which they used to treat bruises, broken bones and wounds. Many people continue to use the plant for homeopathic remedies.

[Daisy]

Meaning |
Innocence, loyal love, purity



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