



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer Executive Director
 Alice Carroll Wellness Nurse Director
 Tamika Williams Business Director
 Kate Krauss Marketing Director
 George Branch Maintenance Director
 Karen Kelly Care Coordinator
 Chelsie Dillon Activities Director

Happy Birthday!

Lucille Barnes.....May 5th
 Mary Davis..... May 12th

Employee Anniversary

Kisha Horton..... 1 year

To Make You Laugh!

Why did the crab keep all the seaweed to itself?

Because it was shellfish!

Why did the crab blush?

It saw the ocean's bottom.

What does a hermit crab call its home?

Michelle

What do crabs need to stay healthy?

Vitamin Sea.



May 2023

Employee of the Month

Hailing from Kingston, Jamaica, is our hardworking, respectable, and always happy employee of the month: Kerry. You can usually catch Kerry making her rounds at the start of her shift, greeting everyone with a warm smile and an open heart. She makes it a point to bring as much happiness into Regency with her as she can. When she's not here at Regency, Kerry likes to relax with her family. She loves to listen to gospel music and soft rock love songs, but she also loves dancing, sewing, and watching movies. A fun fact I bet you wouldn't be surprised to learn is that when Kerry was in her late teens, she was working as a model: Not surprising, Kerry! You are lovely and we thank you for everything you do.

What a Small World

Ray Crawford and Boots Carr spent their childhoods in Odenton, just about a mile down the road from one another. When they sit and chat, you can hear them reminiscence about a simple life in the '30s and '40s. "We used to play ball and go swimming in the spring," says Boots. "I remember when you had that little dog; you remember that little dog?" Ray asks as he mimes the size with his hands. The pair compare stories, give updates about family members, and discuss how much in the area has changed. "Of course, we were friends growing up, but then the courting started and kind of separated everyone. Still, we kept in touch," explains Boots. Ray nods his head in agreement.

It's lovely to think about: How life can take you on a wild journey and bring you right back where you started from: just a few doors down from an old friend.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Spring and Summer are perfect for front porch sitting with good friends! On nice days, we plan on getting some fresh air and sunshine outside. Make sure you check the daily schedule board for updates.</p>	<p>Spirit Week: Socks 'n' Hats Day 1 10:00 B Special Sing-Along with Assistance League of the Chesapeake 🎵 2:00 AR BINGO!</p>	<p>Spirit Week: Twins 'n' Triplets Day 2 9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i></p>	<p>Spirit Week: Disney Day 3 9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>Spirit Week: Freaks 'n' Geeks Day 4 9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games</p>	<p>Spirit Week: S.P.I.R.I.T. Day 5 9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 FR Fun Friday Games & Activities</p>	<p>10:00 FR Fireplace Chats</p>
<p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★</p>	<p>9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i></p>	<p>9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games</p>	<p>International Nurses Day 12 9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 B Special Movie Showing: Walk the Line (2005)</p>	<p>10:00 FR Fireplace Chats</p>
<p>Mother's Day 14 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★</p>	<p>9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR Mother's-Day-themed Happy Hour with cake and tea</p>	<p>9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games</p>	<p>9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 3:00 B <i>Jeopardy!</i></p>	<p>Armed Forces Day 20 10:00 FR Fireplace Chats</p>
<p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★</p>	<p>9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i></p>	<p>9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>9:30 FR Music Appreciation Social Hour 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games</p>	<p>9:30 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:00 B Special Movie Showing: Hairspray (1988)</p>	<p>10:00 FR Fireplace Chats</p>
<p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★</p>	<p>Memorial Day 29 9:30 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>9:30 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 B Karaoke! 🎵</p>	<p>Senior Health and Fitness Day 31 9:30 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>			

Flower of [May]

Botanical name | Convallaria majalis

Other names | May Bells, Our Lady's Tears

Description | Small bell-like blooms on a short delicate stem

Colors | White, pink

Facts | All parts of the plant are poisonous if ingested. This flower is popular for weddings because of its delicate and romantic shape.

[Lily of the Valley]

Meaning |
Sweetness, return of happiness



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