



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer Executive Director
Alice Carroll Wellness Nurse Director
Tamika Williams Business Director
Kate Krauss Marketing Director
George Branch Maintenance Director
Karen Kelly Care Coordinator
Chelsie Dillon Activities Director

Employee Anniversaries

Brooke.....2 years
Alice..... 8 years

Happy Birthday!

Kenneth Brimmer..... July 2nd
Nellie Manganello..... July 11th
Edgar Kremer..... July 12th
Joan Zegalia..... July 31st

Corny Jokes to Make You Laugh!

How come there aren't any knock-knock jokes
about America?

Because freedom rings!

Did you hear the one about the Liberty Bell?

Yeah, it cracked me up!

What is red, white, blue and green?

A seasick Uncle Sam!



July 2023







Employee of the Month

Few people in this world are both as fun loving and hardworking as Celestine! She brings in her bright and cheerful energy every day. Artistic and creative, Celestine makes jewelry and hopes to open her own jewelry business one day! In addition to crafting jewelry, Celestine also loves to dance, roller-skate, listen to slow jams or jazz music, customize clothing with bedazzles, and about a million other things too! Thank you for everything you do Celestine, we are lucky to have you!

Resident of the Month

The most enthusiastic singer in all of Regency Park is, without a doubt, John Bowman! John will sing every note to every tune (even if he doesn't quite know the song) with gusto and joy that puts a smile on the faces of those around him. In fact, John is pretty good at making people smile! His lighthearted banter and constant good-natured jokes are uplifting to staff members and other residents! He is just one of those special people. Thank you for the laughs, John!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>2</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	 <p>3</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	 <p>Independence Day 4</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR 4th of July Happy Hour! with Red, White, & Blue Snacks and Games</p>	 <p>5</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	 <p>6</p> <p>10:00 FR Musically Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games</p>	 <p>7</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)</p>	<p>1</p> <p>10:00 FR Fireplace Chats</p>
<p>9</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>10</p> <p>10:00 B Sing-Along with Assistance League of the Chesapeake 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>11</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i> 5:30 DR Dinnertime Jazz 🎵</p>	<p>12</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>13</p> <p>10:00 FR Musically Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games</p>	<p>Bastille Day 14</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)</p>	<p>15</p> <p>10:00 FR Fireplace Chats</p>
<p>16</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>17</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>18</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i></p>	<p>19</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>20</p> <p>10:00 FR Musically Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 LI Card or Board Games 3:30 AR Get Ya Moving Games</p>	<p>21</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)</p>	<p>22</p> <p>10:00 FR Fireplace Chats</p>
<p>23</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>24</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>25</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i></p>	<p>26</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>27</p> <p>10:00 FR Musically Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 3:00 B Paint n' Sip</p>	<p>28</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)</p>	<p>29</p> <p>10:00 FR Fireplace Chats</p>
<p>30</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>31</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>					

Flower of [July]

Botanical name | Delphinium Elatum

Other names | Candle delphinium, larkspur

Description | Spikes with clusters of trumpet-shaped or disc-shaped flowers

Colors | Blue, lavender, red, white, pink and purple

Facts | Extracts of the plant have been used in herbal medicines.

The flower's juices will create a blue ink when mixed with alum.

The blooms can be anywhere from 8 to 20 inches long.

[Delphinium]

Meaning | Derived from the Greek word delphis, meaning dolphin.

Many say the flower represents a flight of fancy, ardent attachment or agility.



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