



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer Executive Director
Alice Carroll Wellness Nurse Director
Tamika Williams Business Director
Kate Krauss Marketing Director
George Branch Maintenance Director
Karen Kelly Care Coordinator
Chelsie Dillon Activities Director

Happy Birthday!

John Spencer..... August 1st
Edward Raglin.....August 2nd
Judith Lee.....August 8th
Charles DeRosa.....August 11th
Joyce Baum..... August 11th
Wayne Layfield..... August 14th
Jack Wisniewski..... August 19th

Employee Anniversaries

Rosario..... 1 year
Maddy..... 2 years



August 2023

Special Resident Pick of the Month

If you ever want to treat Regency's hardworking Maintenance Director to a day of rest and relaxation, take him fishing! George picked up fishing from a friend in the late '90s and has loved his rod and reel ever since. George's preferred spot is Fort Armistead, where the bluefish are abundant this time of year. Catfish and bluefish are his favorite catches: he loves fighting them both. "I love the peace. Nobody bothers you out there!" George said, as he smiled and leaned back in his chair. So, if you happen to have some angler tips, or a good fishing story, then flag down George! He'd be happy to hear it.



Resident of the Month

Francis Murphy grew up in Baltimore with her Italian parents, 5 brothers and 3 sisters! "It was always busy!" she remembers, "But we enjoyed ourselves." Fran spent a lot of her younger years in the Catholic Church and in Catholic school and remains devout to this day! She had a lively childhood, singing and playing games with her siblings and friends. It's no wonder that Fran grew to be such a lively and fun-loving woman herself! She is always ready to dance or sing or offer you a warm hug and a big kiss on your cheek! Thank you, Francis, for being you.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		US Air Force Day 1 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	2 10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	3 10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!	US Coast Guard Birthday 4 10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)	5 10:00 FR Fireplace Chats
6 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	7 10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	8 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i> 5:30 DR Dinnertime Jazz 🎵	9 10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	10 10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!	11 10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)	12 10:00 FR Fireplace Chats
13 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	14 10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	15 10:00 B Resident Council Meeting 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	Elvis Presley Spirit Day 16 10:00 FR Elvis Jeopardy 10:30 FR Elvis Aerobics 2:00 B Elvis Sandwich Snack 2:30 B Elvis Movie Showing	17 10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:00 B Special Program from Echoes of Nature	18 10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)	19 10:00 FR Fireplace Chats
20 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	21 10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	22 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR <i>Happy Hour! with Distinctive Drinks & Great Games!</i>	23 10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	24 10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!	25 10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine & Popsicles (weather permitting)	26 10:00 FR Fireplace Chats
27 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★	28 10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!	29 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR End of Summer Happy Hour, with Camp Stories and S'mores	30 10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!	31 10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!		

Flower of [August]

Botanical name | Gladiolus

Other names | Sword lily, glad

Description | Large, thick stems with multiple, tightly packed blossoms on one side only. Blossoms' shape and texture vary from fringed to ruffled, trumpet-shaped and rosebuds.

Colors | Pink, red, white, orange, yellow, purple and bicolor

Facts | Very fragrant. Often used in sympathy bouquets.

[Gladiola]

Meaning | Gladiolus is Latin for "sword." It also is said to represent gracefulness and a strong sense of character.



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