



# REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

## Our Friendly Staff

Nisha Switzer .....	Executive Director
Alice Carroll .....	Wellness Nurse Director
Tamika Williams .....	Business Director
Kate Krauss .....	Marketing Director
George Branch .....	Maintenance Director
Karen Kelly .....	Care Coordinator
Chelsie Dillon .....	Activities Director

## Employee Anniversaries

Kerry.....	1 year
Bola.....	2 years
Cheryl.....	8 years

## Happy Birthday!

Patricia Boragine.....	September 1st
MaryBeth Kenefick.....	September 7th
Rosemarie Cannon.....	September 8th
Elisabeth Martinez.....	September 10th
Sylvia Machin.....	September 11th
Irene Dominelli.....	September 16th
Raymond Crawford.....	September 17th
Florence "Boots" Carr.....	September 17th
Thomas Selig.....	September 24th
Kevin Smee.....	September 28th



## September 2023








## Employee of the Month

Angie can be described as outgoing, fun, and loving. Very loving! She loves everyone in her life strongly. From our residents here at Regency, to her own son at home. She finds the health care field rewarding and plans on going back to school to further her career and one day become a hospital nurse. Angie described herself as a homebody! When she's not at Regency, she is usually at home spending some quality time with her son. It's clear that being warm and caring isn't just something that Angie can turn on and off, it's who she is all the time! Thank you for everything you do Angie!

## Resident of the Month

MaryBeth grew up with a big family in Silver Spring. She married her wonderful husband Greg in 1967, and together the pair raised 3 children. MaryBeth and Greg have been married for 56 years, but it wasn't always easy. MaryBeth went back to school when her kids were still young and eventually earned her Bachelor's in Fine Arts from University of Maryland in 1976! She would later put her knowledge and determination to work by managing the entire building for The National Weather Service in Silver Spring. Greg says his wife has always been 'go-go-go!', so it's no wonder that she has managed to accomplish so much!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>10:00 <span>FR</span> News Coverage: The Week in Review</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>FP</span> Sunshine &amp; Popsicles (weather permitting)</div>	<div>2</div> <div>10:00 <span>FR</span> Fireplace Chats</div>
<div>3</div> <div>10:00 <span>FR</span> Fireplace Chats</div> <div>11:00 <span>FR</span> Catholic Church Service★</div> <div>2:30 <span>FR</span> Nondenominational Church Service★</div>	<div>4</div> <div><b>Labor Day</b></div> <div>10:00 <span>FR</span> Friendly Morning Discussions</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>AR</span> BINGO!</div>	<div>5</div> <div>10:00 <span>FR</span> Whiteboard Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>3:00 <span>FR</span> Afternoon Activities with Aaliyah</div> <div>5:30 <span>DR</span> Dinnertime Jazz🎵</div>	<div>6</div> <div>10:00 <span>FR</span> Group Trivia Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>DR</span> Ice Cream</div> <div>2:30 <span>AR</span> BINGO!</div>	<div>7</div> <div>10:00 <span>FR</span> Musically-Themed Games🎵</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>LI</span> Yahtzee!</div>	<div>8</div> <div>10:00 <span>FR</span> News Coverage: The Week in Review</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>FP</span> Sunshine &amp; Popsicles (weather permitting)</div>	<div>9</div> <div>10:00 <span>FR</span> Fireplace Chats</div>
<div>10</div> <div>10:00 <span>FR</span> Fireplace Chats</div> <div>11:00 <span>FR</span> Catholic Church Service★</div> <div>2:30 <span>FR</span> Nondenominational Church Service★</div>	<div>11</div> <div><b>Patriot Day (9/11 Remembrance)</b></div> <div>10:00 <span>FR</span> Friendly Morning Discussions</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>AR</span> BINGO!</div>	<div>12</div> <div>10:00 <span>FR</span> Whiteboard Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>3:00 <span>FR</span> Afternoon Activities with Aaliyah</div>	<div>13</div> <div>10:00 <span>FR</span> Group Trivia Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>DR</span> Ice Cream</div> <div>2:30 <span>AR</span> BINGO!</div>	<div>14</div> <div>10:00 <span>FR</span> Musically-Themed Games🎵</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>LI</span> Yahtzee!</div>	<div>15</div> <div><b>National POW/MIA Recognition Day</b></div> <div>10:00 <span>FR</span> News Coverage: The Week in Review</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>B</span> <b>Special Movie Showing: 80 for Brady (2023)</b></div>	<div>16</div> <div>10:00 <span>FR</span> Fireplace Chats</div>
<div>17</div> <div>10:00 <span>FR</span> Fireplace Chats</div> <div>11:00 <span>FR</span> Catholic Church Service★</div> <div>2:30 <span>FR</span> Nondenominational Church Service★</div>	<div>18</div> <div>10:00 <span>FR</span> Friendly Morning Discussions</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>AR</span> BINGO!</div>	<div>19</div> <div>10:00 <span>FR</span> Whiteboard Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>3:00 <span>FR</span> Afternoon Activities with Aaliyah</div>	<div>20</div> <div>10:00 <span>FR</span> Group Trivia Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>DR</span> Ice Cream</div> <div>2:30 <span>AR</span> BINGO!</div>	<div>21</div> <div>10:00 <span>FR</span> Musically-Themed Games🎵</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>3:00 <span>B</span> <b>Karaoke!</b>🎵</div>	<div>22</div> <div>10:00 <span>FR</span> News Coverage: The Week in Review</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>FP</span> Sunshine &amp; Popsicles (weather permitting)</div>	<div>23</div> <div><b>First Day of Fall</b></div> <div>10:00 <span>FR</span> Fireplace Chats</div>
<div>24</div> <div>10:00 <span>FR</span> Fireplace Chats</div> <div>11:00 <span>FR</span> Catholic Church Service★</div> <div>2:30 <span>FR</span> Nondenominational Church Service★</div>	<div>25</div> <div>10:00 <span>FR</span> Friendly Morning Discussions</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>AR</span> BINGO!</div>	<div>26</div> <div>10:00 <span>FR</span> Whiteboard Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>3:00 <span>FR</span> Afternoon Activities with Aaliyah</div>	<div>27</div> <div>10:00 <span>FR</span> Group Trivia Games</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:00 <span>DR</span> Ice Cream</div> <div>2:30 <span>AR</span> BINGO!</div>	<div>28</div> <div>10:00 <span>FR</span> Musically-Themed Games🎵</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>LI</span> Yahtzee!</div>	<div>29</div> <div><b>National Veterans of Foreign Wars Day</b></div> <div>10:00 <span>FR</span> News Coverage: The Week in Review</div> <div>10:30 <span>FR</span> Sitting Fit: Morning Exercise</div> <div>2:30 <span>FP</span> Sunshine &amp; Popsicles (weather permitting)</div>	<div>30</div> <div>10:00 <span>FR</span> Fireplace Chats</div>

FLOWER OF THE MONTH | SEPTEMBER

*Aster*

*Love and patience*



REGENCY PARK  
SENIOR LIVING COMMUNITY

730 Maryland Route 3 South  
Gambrills, MD 21054