



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer Executive Director, ALM
Tamika Williams Business Director, AALM
Alice Carroll Wellness Nurse Director
Kate Krauss Marketing Director
George Branch Maintenance Director
Karen Kelly Care Coordinator
Chelsie Dillon Activities Director

Employee Anniversaries

George.....2 years
Chelsie..... 2 years



October 2023

Employee of the Month

Natalia's determination, diligence, and a straight-forward attitude make her a wonderful addition to Regency and a clear choice for our October employee of the month! Natalia is working her way up the health care ladder, with goals of becoming a RN. Once she is working as a full fledged nurse, Natalia plans to use her success to care for her family and loved ones. In her free time, Natalia loves to cook, listen to '90s R&B, watch a good scary movie, and enjoy some rest and relaxation. Thank you for everything you do, Natalia! We look forward to watching you succeed.

Our Residents of the Month

60 years ago this month, Tom & Bonnie said their 'I dos' in front of their friends and family, and officially started their love story for the ages. The couple had met while teaching at Arundel Jr. High in Odenton. Bonnie was the art teacher and Tom taught industrial arts. They shared a lot of the same students, who would ask for scrap wood from Tom to bring to Bonnie for her art projects. "It's amazing how people meet," Tom says with a warm smile. When asked what she loved about Tom, Bonnie had a simple answer. "Everything!" When asked what he loved about Bonnie, Tom answered the exact same. "We must be meant for each other," Tom says while Bonnie smiles at him affectionately.

Congratulations, you two! Cheers to 60 wonderful years!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>2</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>3</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR Afternoon Activities with Aaliyah</p>	<p>4</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>5</p> <p>10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!</p>	<p>6</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine, Sweaters, & Hot Chocolate (weather permitting)</p>	<p>7</p> <p>10:00 FR Fireplace Chats</p>
<p>8</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>Indigenous Peoples' Day 9</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>10</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR Afternoon Activities with Aaliyah 5:00 DR Dinnertime Jazz 🎵</p>	<p>11</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>Wild Wild West Day! 12</p> <p>10:00 FR Cowboy Country Name that Tune 🎵 10:30 FR Seated Line Dancing 2:30 B Old West Movie Showing</p>	<p>13</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine, Sweaters, & Hot Chocolate (weather permitting)</p>	<p>14</p> <p>10:00 FR Fireplace Chats</p>
<p>15</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>16</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>17</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR Afternoon Activities with Aaliyah</p>	<p>18</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>19</p> <p>10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!</p>	<p>20</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 FP Sunshine, Sweaters, & Hot Chocolate (weather permitting)</p>	<p>21</p> <p>10:00 FR Fireplace Chats</p>
<p>22</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>23</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>24</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR Afternoon Activities with Aaliyah</p>	<p>25</p> <p>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</p>	<p>26</p> <p>10:00 FR Musically-Themed Games 🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!</p>	<p>27</p> <p>10:00 FR News Coverage: The Week in Review 10:30 FR Sitting Fit: Morning Exercise 2:30 B Special Movie Showing: Beetlejuice (1988)</p>	<p>28</p> <p>10:00 FR Fireplace Chats</p>
<p>29</p> <p>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</p>	<p>Beautiful in Blue Spirit Day 30</p> <p>10:00 FR Friendly Morning Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</p>	<p>Halloween 31</p> <p>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 3:00 FR Afternoon Activities with Aaliyah</p>				

Flower of [October]

Botanical name | Calendula Officinalis

Other names | Pot marigold

Description | 2-inch-wide strawflower-like blossoms on long stems

Colors | Orange, yellow, cream and apricot

Facts | Calendula petals are used in soups, stews and salads. The blossoms were used in ancient beverages as a cure for indigestion and in ointments for skin irritations, sore eyes and toothaches.

[Marigold]

Meaning |
Winning grace



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