



# REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

## Our Friendly Staff

Nisha Switzer ..... Executive Director, ALM  
Tamika Williams ..... Business Director, AALM  
Alice Carroll ..... Wellness Nurse Director  
Kate Krauss ..... Marketing Director  
Karen Kelly ..... Care Coordinator  
Chelsie Dillon ..... Activities Director

## Employee Anniversaries

Tanazya..... 1 year  
Francis..... 6 years

## Happy Birthday!

Carol Thomas ..... December 4th  
Edith Dickerson ..... December 23rd  
Janice Shea ..... December 29th



Lilly the golden retriever visited Regency Park regularly for several years

## December 2023

### A Message From Lilly's Family...

On October 13, 2023, heaven gained an angel. Lilly was the sweetest, most beautiful, and best dog you could ever meet. When we met Lilly, she had come into the vet from animal control. She had been shot with air pellets, over-bred, and was extremely malnourished. Even though she had every reason to hate people, she absolutely loved everyone she met. Some may say that was because she was a golden and they're known to be sweet. But truth is, it was just her perfect little personality and it just had to do with her, not her breed. While she was here, she touched so many lives. When she went to work her job was to provide comfort and joy for the residents of the assisted living facilities she went to. But let's be honest, Lilly thought her job was to get treats and love all day long. Losing her affects so many people but that just reminds us of how many people loved her. We will all miss her incessant staring when she was begging for food and how she used to run up to everyone she saw just begging for love. I'll never understand how a dog who went through horrible things the first few years of her life could find it in her to be so sweet and loving, but that was just how our sweet girl was. I know Lilly will be missed by more people than she could have ever imagined and she can never be replaced, but I hope everyone can find peace knowing that Lilly lived the best life any dog could ask for. For 7 years Lilly knew absolutely nothing except for love. That was also in part to all of you. Thank you for loving our perfect little girl. She will be greatly missed. Rest in peace to our beautiful spoiled little angel. You now have your real wings and you can be an angel in heaven just like you were here on earth.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>3</p> <p>10:00 <span>FR</span> Fireplace Chats            11:00 <span>FR</span> Catholic Church Service ★            2:30 <span>FR</span> Nondenominational Church Service ★</p>	 <p>4</p> <p>10:00 <span>FR</span> Friendly Morning Discussions            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:00 <span>AR</span> BINGO!</p>	 <p>5</p> <p>10:00 <span>FR</span> Whiteboard Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>FR</span> Afternoon Activities with Aaliyah</p>	 <p>6</p> <p>10:00 <span>FR</span> Group Trivia Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:00 <span>DR</span> Ice Cream            2:30 <span>AR</span> BINGO!</p>	 <p>7</p> <p><b>Pearl Harbor Remembrance Day &amp; First Night of Hanukkah</b>            10:00 <span>FR</span> Musically-Themed Games 🎵            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:30 <span>LI</span> Yahtzee!</p>	<p>1</p> <p>10:00 <span>FR</span> News Coverage: The Week in Review            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>B</span> Jeopardy!</p>	<p>2</p> <p>10:00 <span>FR</span> Fireplace Chats</p>
<p>10</p> <p>10:00 <span>FR</span> Fireplace Chats            11:00 <span>FR</span> Catholic Church Service ★            2:30 <span>FR</span> Nondenominational Church Service ★</p>	<p>11</p> <p>10:00 <span>FR</span> Friendly Morning Discussions            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:00 <span>AR</span> BINGO!</p>	<p>12</p> <p>10:00 <span>FR</span> Whiteboard Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>FR</span> Afternoon Activities with Aaliyah</p>	<p>13</p> <p>10:00 <span>FR</span> Group Trivia Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:00 <span>DR</span> Ice Cream            2:30 <span>AR</span> BINGO!</p>	<p>14</p> <p>10:00 <span>FR</span> Musically-Themed Games 🎵            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:30 <span>LI</span> Yahtzee!</p>	<p>15</p> <p>10:00 <span>FR</span> News Coverage: The Week in Review            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>B</span> Jeopardy!</p>	<p>16</p> <p>10:00 <span>FR</span> Fireplace Chats</p>
<p>17</p> <p>10:00 <span>FR</span> Fireplace Chats            11:00 <span>FR</span> Catholic Church Service ★            2:30 <span>FR</span> Nondenominational Church Service ★</p>	<p><b>'Twas the Week Before Christmas...</b> 18</p> <p>10:00 <span>FR</span> Friendly Morning Discussions            10:30 <span>FR</span> Sitting Fit: Morning Exercise            1:00 <span>FR</span> <b>Christmas Glamour Shots</b></p>	<p><b>...at Regency Park</b> 19</p> <p>10:00 <span>FR</span> Whiteboard Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>FR</span> <b>Hot Chocolate Bar &amp; Wheelchair Decorating</b></p>	<p>20</p> <p>10:00 <span>FR</span> Group Trivia Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:00 <span>DR</span> Ice Cream            2:30 <span>B</span> <b>Candy Cane Bingo</b></p>	<p><b>First Day of Winter</b> 21</p> <p>10:00 <span>FR</span> Musically-Themed Games 🎵            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>B</span> <b>Christmas Caroloke</b></p>	<p>22</p> <p>10:00 <span>FR</span> News Coverage: The Week in Review            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>B</span> <b>Christmas Cookie Decorating</b></p>	<p>23</p> <p>10:00 <span>FR</span> Fireplace Chats            3:00 <span>B</span> <b>Christmas Special Viewing Party</b></p>
<p>24</p> <p>10:00 <span>FR</span> Fireplace Chats            11:00 <span>FR</span> Catholic Church Service ★            2:30 <span>FR</span> Nondenominational Church Service ★            3:00 <span>FR</span> <b>Holiday Gift Auction Event</b></p>	<p><b>Christmas</b> 25</p> <p>11:00 <span>FR</span> <b>Spirited Visit from Santa's Elves!</b>            2:00 <span>FR</span> Christmas Memories and Fireplace Chats</p>	<p>26</p> <p>10:00 <span>FR</span> Whiteboard Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>FR</span> Afternoon Activities with Aaliyah</p>	<p>27</p> <p>10:00 <span>FR</span> Group Trivia Games            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:00 <span>DR</span> Ice Cream            2:30 <span>AR</span> BINGO!</p>	<p>28</p> <p>10:00 <span>FR</span> Musically-Themed Games 🎵            10:30 <span>FR</span> Sitting Fit: Morning Exercise            2:30 <span>LI</span> Yahtzee!</p>	<p>29</p> <p>10:00 <span>FR</span> News Coverage: The Week in Review            10:30 <span>FR</span> Sitting Fit: Morning Exercise            3:00 <span>B</span> Jeopardy!</p>	<p>30</p> <p>10:00 <span>FR</span> Fireplace Chats</p>
<p>31</p> <p>10:00 <span>FR</span> Fireplace Chats            11:00 <span>FR</span> Catholic Church Service ★            2:30 <span>FR</span> Nondenominational Church Service ★</p>						



# Flower of [December]

**Botanical name** | Narcissus poeticus actaea

**Other names** | Narcissi

**Description** | Small multi-petaled blossom

**Colors** | White, pink, yellow, orange

**Facts** | Flowers are extremely fragrant. All daffodils are narcissi, but not all narcissi are daffodils. Parts of the plant are poisonous if ingested.

# [Narcissus]

**Meaning** |  
From the Greek word meaning  
vanity and youth



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