



# REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

## Our Friendly Staff

Nisha Switzer ..... Executive Director, ALM  
Tamika Williams ..... Business Director, AALM  
Alice Carroll ..... Wellness Nurse Director  
Kate Krauss ..... Marketing Director  
Karen Kelly ..... Care Coordinator

## Employee Anniversaries

Kate Krauss..... 6 years

## Happy Birthday!

Tom Riffle..... March 5th  
Deborah Somers..... March 11th  
Marie Sullivan..... March 22nd



## Women's Month Inspirational Messages

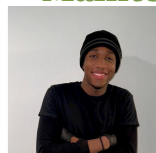
"A woman is like a tea bag- you never know how strong she is until she gets in hot water." -Eleanor Roosevelt (Former First Lady of the United States)

"Think like a queen. A queen is not afraid to fail. Failure is another stepping stone to greatness." -Oprah Winfrey (Talk Show Host, Actor and Producer)

"I raise my voice-not so I can shout, but so that those without a voice can be heard." -Malala Yousafzai (Pakistani Activist)

## March 2024

### Maintenance Spotlight



Regency Park would like to extend a special thank you to our maintenance staff! Our Maintenance Director, Sebert, loves making our residents comfortable and happy by ensuring that their rooms and our building are always in top shape. Maintenance assistant Ray is always eager to assist throughout the building wherever it is needed. Keep an eye out for our maintenance staff if you have any needs! Thank you, Sebert and Ray, for everything that you do here at Regency Park!

### Resident of the Month



Born in Pennsylvania and from Buffalo, New York comes our beautiful Resident of the Month, Patricia Boragine. Ms. Pat was once a registered nurse and an army spouse and is known around Regency Park for her wonderful sense of humor. She spends most of her time relaxing in the fireplace room and the library. Ms. Pat has a love for animals and has an immense knowledge about so many of them. Be sure to stop by and ask about them sometime! She enjoys talking with her friends and tablemates during meals, especially when she has chocolate, her favorite snack! Thank you for always being you, Ms. Pat! You have a beautiful heart, and we love the joy that you spread here at Regency Park!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>3</div> <div>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</div>	 <div>4</div> <div>10:00 FR Debates &amp; Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</div>	 <div>5</div> <div>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 2:30 LI UNO</div>	 <div>6</div> <div>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</div>	 <div>7</div> <div>10:00 FR Name that Tune🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!</div>	<div>1</div> <div>10:00 FR Interview with a Resident 10:30 FR Sitting Fit: Morning Exercise 3:00 B Jeopardy!</div>	<div>2</div> <div>10:00 FR Fireplace Chats</div>
<div>10</div> <div><b>First Evening of Ramadan - Daylight Saving Starts</b> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</div>	<div>11</div> <div>10:00 FR Debates &amp; Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</div>	<div>12</div> <div>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 2:30 LI UNO</div>	<div>13</div> <div>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</div>	<div>14</div> <div>10:00 FR Name that Tune🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!</div>	<div>15</div> <div>10:00 FR Interview with a Resident 10:30 FR Sitting Fit: Morning Exercise 3:00 B Jeopardy!</div>	<div>16</div> <div>10:00 FR Fireplace Chats</div>
<div>17</div> <div><b>Saint Patrick's Day</b> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</div>	<div>18</div> <div>10:00 FR Debates &amp; Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</div>	<div>19</div> <div>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 2:30 LI UNO</div>	<div>20</div> <div><b>First Day of Spring</b> 10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</div>	<div>21</div> <div>10:00 FR Name that Tune🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!</div>	<div>22</div> <div>10:00 FR Interview with a Resident 10:30 FR Sitting Fit: Morning Exercise 3:00 B Jeopardy!</div>	<div>23</div> <div>10:00 FR Fireplace Chats</div>
<div>24</div> <div>10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</div>	<div>25</div> <div>10:00 FR Debates &amp; Discussions 10:30 FR Sitting Fit: Morning Exercise 2:00 AR BINGO!</div>	<div>26</div> <div>10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 2:30 LI UNO</div>	<div>27</div> <div>10:00 FR Group Trivia Games 10:30 FR Sitting Fit: Morning Exercise 2:00 DR Ice Cream 2:30 AR BINGO!</div>	<div>28</div> <div>10:00 FR Name that Tune🎵 10:30 FR Sitting Fit: Morning Exercise 2:30 LI Yahtzee!</div>	<div>29</div> <div>10:00 FR Interview with a Resident 10:30 FR Sitting Fit: Morning Exercise 3:00 B Jeopardy!</div>	<div>30</div> <div>10:00 FR Fireplace Chats</div>
<div>31</div> <div><b>Easter Sunday</b> 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service★ 2:30 FR Nondenominational Church Service★</div>						





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