



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

Nisha Switzer Executive Director, ALM
 Tamika Williams Business Director, AALM
 Alice Carroll Wellness Nurse Director
 Kate Krauss Marketing Director
 Karen Kelly Care Coordinator

Employee Anniversaries

Kisha Horton 2 years
 Annastacia Martin 1 Year

Birthdays to Celebrate

Lucille Barnes May 9th
 Mary Davis May 20th

Fun Facts About May

May is likely named after the Roman Goddess Maia, who oversaw the growth of plants.

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In Hawaii, May 1st is Lei Day. A statewide celebration of Hawaiian culture. Leis are garlands or wreaths made from native Hawaiian flowers called plumeria.

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May 6th is National Nurses Day, while May 12th is Florence Nightingale's Birthday. Since 1991, the week in between has been recognized as National Nurses Week!

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The tradition of decorating soldiers' graves is what led to the creation of Memorial Day. It was especially popular to decorate the graves of Civil War soldiers, and some regions designated a day of the year to do so. Eventually, these days would merge to become Memorial Day.

May 2024

Employee of the Month







Aaliyah is our Employee of the Month, Receptionist, Administrative Assistant and valued employee here at Regency Park. She is loving, humble, observant, organized and intelligent in areas that keeps surprising us. Aaliyah is the second daughter for her father but first daughter and child for her mother. A lover of k-dramas, anime and kpop music; she finds herself being most at peace whenever she is at home watching her favorite movies or TV shows such as The Walking Dead. Thank you for your hard work Aaliyah and congratulations!


Shout Out to Our Nurses



National Nurses Week runs from May 6th to the 12th every year. This year we'd like to take a moment to thank our fantastic nurses here at Regency Park. Alice Carroll and Madeleine Woodard are a passionate and powerful duo in the nursing field! Both continuously go above and beyond to ensure that their residents are well taken care of. In addition to our nursing staff, Regency is proudly home to several retired nurses that are always willing to share a bit of wisdom or an amazing story! Thank you to our retired nurses: Mrs. Elizabeth, Mrs. Patricia B, Mrs. Patricia P and Mrs. Judith. A truly great nurse is HARD to find, DIFFICULT to part with and IMPOSSIBLE to forget.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			May Day/ Lei Day 1 10:00 FR Debates & Discussions 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B Hawaiian BINGO! 4:00 B Armchair Travel: Hawaii Edition	2 10:00 FR Music Games 🎵 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:30 LI Yahtzee! 5:00 B Family Feud Showdown	3 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 2:00 B Move and Groove Game! 4:30 DR Dinner and Musical Cats	4 10:00 FR Fireplace Chats
Cinco De Mayo 5 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★	Regency Spirit Week: Music Monday 6 10:00 FR Table Topics 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 1:00 B Tea Time 2:00 B BINGO! 3:30 B Karaoke	Regency Spirit Week: Color Theme Awareness Day 7 10:00 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 FP Happy Hour Social Sundae Bar 3:30 FP Corn Hole Bonanza	Regency Spirit Week: Mix N Match Wednesday 8 10:00 FR Debates & Discussions 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Rainbow and Clouds Luncheon 2:00 B Ice Cream 2:30 B BINGO!	Regency Spirit Week: Hat and Tie 9 10:00 FR Music Games 🎵 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Cocktail Movie Night! 4:30 DR Dinnertime Jazz 5:00 B Family Feud Showdown	Regency Spirit Week: Tie Dye and Denim 10 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove Game! 3:00 B Sangria Photoshoot! 4:30 DR Dinner and Musical Cats	11 10:00 FR Fireplace Chats
Mother's Day 12 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★	13 10:00 FR Table Topics 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 1:00 B Tea Time 2:00 B BINGO! 3:30 B Movie Night	14 10:00 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 FP Outside Social 3:00 FP Banana Grams! 5:00 B Wheel of Fortune Game Show	15 10:00 FR Debates & Discussions 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B BINGO!	16 10:00 FR Music Games 🎵 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:30 LI Yahtzee! 5:00 B Family Feud Showdown	17 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove Game! 4:30 DR Dinner and Musical Cats	18 10:00 FR Fireplace Chats
19 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★	Victoria Day in Canada 20 10:00 FR Table Topics 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 1:00 B Tea Time 2:00 B BINGO! 3:30 B Movie Night	21 10:00 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 FP Outside Social 3:00 FP Banana Grams! 5:00 B Wheel of Fortune Game Show	National Maritime Day 22 10:00 FR Debates & Discussions 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B BINGO!	23 10:00 FR Music Games 🎵 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:30 LI Yahtzee! 5:00 B Family Feud Showdown	24 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove Game! 4:30 DR Dinner and Musical Cats	25 10:00 FR Fireplace Chats 1:30 B Piano Recital
26 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★	Memorial Day 27 10:00 FR Table Topics 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 1:00 B Tea Time 2:00 B BINGO! 3:30 B Movie Night	Armed Forces Day 28 10:00 FR White Board Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 FP Outside Social 3:00 FP Banana Grams! 5:00 B Wheel of Fortune Game Show	29 10:00 FR Debates & Discussions 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B BINGO!	30 10:00 FR Music Games 🎵 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:30 LI Yahtzee! 5:00 B Family Feud Showdown	31 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove Game! 4:30 DR Dinner and Musical Cats	



HAPPY 
Memorial
DAY

**Kick-start the season
of sun and fun!**



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