



REGENCY PARK

SENIOR LIVING COMMUNITY

730 Maryland Route 3 South • Gambrills, MD 21054 • (410) 923-1200

Our Friendly Staff

| | |
|------------------|-------------------------|
| Nisha Switzer | Executive Director, ALM |
| Tamika Williams | Business Director, AALM |
| Alice Carroll | Wellness Nurse Director |
| Kate Krauss | Marketing Director |
| Karen Kelly | Resident Care Director |
| Kyra Dangerfield | Activities Director |
| Maddy Woodard | Clinical Nurse |

Employee Anniversaries

| | |
|----------------|---------|
| Alice Carroll | 9 Years |
| Brooke Guthrie | 3 Years |
| Dyna Nkala | 1 Year |

Birthdays to Celebrate

| | |
|-----------------|-----------|
| Kenneth Brimmer | July 2nd |
| Edgar Kremer | July 12th |

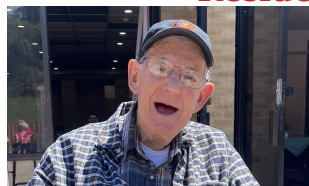
"Just for Fun" Days

- July 11: International Town Criers Day
- July 17: National Hot Dog Day
- July 22: Spooner's Day
- July 23: National Day of the Cowboy
- July 27: Walk your Houseplants Day
- July 30: National Cheesecake Day



July 2024

Resident of the Month







Carl Smith is our resident of the month. Carl is a loving and devoted husband and father, ex-military, and social butterfly here at Regency Park. Carl went to the University of Maryland in 1985 where he earned an engineering degree. Some may relate to Carl because his favorite sports teams are the Orioles and the Ravens. One of his favorite things to do is NASA research! So, if you are interested and would like to spark a conversation with Carl, NASA and army missiles are the ways to go. Thanks for choosing Regency Park, Carl! We look forward to hearing more about your NASA discoveries.

Employee of the Month



Congratulations go to our Marketing Director and Employee of the month, Kate Krauss! Kate was born in Louisville, Kentucky, but raised in Flint, Michigan. She is a wife and mother of two, beautiful daughters whom she loves to talk about. Kate also loves to hear the screams of a YAHTZEEEE!! on Thursdays, kayak, read her bible, and quality family time. An interesting fact about Kate is that she plays bass guitar (Which is awesome.) and is learning to do Reiki (Which is the practice of energy healing.). In the future, Kate would like to "retire," but mainly she just wants to enjoy peaceful days surrounded by family. Thanks for all you do, Kate, and we would love some free Reiki sessions!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|--|---|
|  | Canada Day 1 10:00 FR HedBanz! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B BINGO! 3:30 B Game Show Fusion | 2 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 G Sunny Day Convos 3:00 G Game Gamble! 5:00 B Dinnertime Jazz | Dog Days of Summer 3 10:00 FR ChatPack! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B BINGO! | Independence Day 4 10:00 FR GROOVE WITH BAYADA! 🎵 10:30 FR This or That! 12:00 DR Lunch 2:30 G Fireworks and Bomb Pop Bonanza 5:00 B Puppies and Midnight Musical Minds! | 5 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove! 4:30 DR Dinner and Musical Cats | National Fried Chicken Day 6 10:00 FR Fireplace Chats 11:00 AR Community Crafts and Puzzles! 2:00 B TV Talk Time! |
| Islamic New Year 7 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★ | Love Your Skin Day 8 10:00 FR HedBanz! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B BINGO! 3:30 B Game Show Fusion! | 9 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 G Sunny Day Convos 3:00 G Game Gamble! 5:00 B Dinnertime Jazz | National Kitten Day 10 10:00 FR ChatPack! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B BINGO! 4:00 B Movie Night: GARFIELD (Story of friendship between a cat and his dog) | World Population Day! 11 10:00 FR GROOVE WITH BAYADA! 🎵 10:30 FR This or That! 12:00 DR Lunch 2:30 LI Yahtzee! 5:00 B Puppies and Midnight Musical Minds! | 12 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove! 4:30 DR Dinner and Musical Cats | National French Fry Day 13 10:00 FR Fireplace Chats 11:00 AR Community Crafts and Puzzles! 2:00 B TV Talk Time! |
| Bastille Day 14 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★ | Leiomyosarcoma Awareness Day 15 10:00 FR HedBanz! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B BINGO! 3:30 B Game Show Fusion | Moon Landing Anniversary 16 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 G Sunny Day Convos 3:00 G Game Gamble! 5:00 B Dinnertime Jazz | 17 10:00 FR ChatPack! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B BINGO! | 18 10:00 FR GROOVE WITH BAYADA! 🎵 10:30 FR This or That! 12:00 DR Lunch 2:30 LI Yahtzee! 5:00 B Puppies and Midnight Musical Minds! | 19 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove! 4:30 DR Dinner and Musical Cats | International Chess/ Moon Day 20 10:00 FR Fireplace Chats 11:00 AR Community Crafts and Puzzles! 2:00 B TV Talk Time! |
| National Ice Cream Day 21 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★ | National Fragile X Awareness Day 22 10:00 FR HedBanz! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B BINGO! 3:30 B Game Show Fusion | National Day of the Cowboy 23 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 G Sunny Day Convos 3:00 G Game Gamble! 5:00 B Dinnertime Jazz | Cousins Day, Pioneer Day 24 10:00 FR ChatPack! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B PIONEERS' BINGO! | 25 10:00 FR GROOVE WITH BAYADA! 🎵 10:30 FR This or That! 12:00 DR Lunch 2:30 LI Yahtzee! 5:00 B Puppies and Midnight Musical Minds! | System Administrator Appreciation Day 26 10:00 FR Whiteboard Games 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Move and Groove! 4:30 DR Dinner and Musical Cats | National Scotch Day 27 10:00 FR Fireplace Chats 11:00 AR Community Crafts and Puzzles! 2:00 B TV Talk Time! |
| World Hepatitis Day 28 10:00 FR Fireplace Chats 11:00 FR Catholic Church Service ★ 2:30 FR Nondenominational Church Service ★ | NASA Founding Day 29 10:00 FR HedBanz! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B BINGO! 3:30 B Movie Night: Hidden Figures (Space Launch Success Story) | National Cheesecake Day 30 10:00 FR Morning News 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Cheesecake Luncheon! 2:00 G Sunny Day Convos 3:00 G Game Gamble! 5:00 B Dinnertime Jazz | National Avocado Day 31 10:00 FR ChatPack! 10:30 FR Sitting Fit: Morning Exercise 12:00 DR Lunch 2:00 B Ice Cream 2:30 B BINGO! |  |  |  |



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